

**Handbook of Consumer Finance Research** pp 21–33

[Home](#) > [Handbook of Consumer Finance Research](#) > Chapter

Personal Financial Wellness

[Sohyun Joo](#)

Chapter

7404 Accesses | **64** [Citations](#)

Abstract

As the importance of financial health of individuals and families continues to grow, people often use the term “financial wellness” to mean the level of a person’s financial health. Financial wellness is a comprehensive, multidimensional concept incorporating financial satisfaction, objective status of financial situation, financial attitudes, and behavior that cannot be assessed through one measure. This chapter discusses the concept and measurement of personal financial wellness and presents “Financial Wellness Diagram.” Future research directions are also discussed.

Keywords

[Objective Status](#)

[Financial Wellness](#)

These keywords were added by machine and not by the authors. This process is experimental and the keywords may be updated as the learning algorithm improves.

This is a preview of subscription content, [log in via an institution](#).

▼ Chapter

EUR 29.95

Price includes VAT (Poland)

- Available as PDF
- Read on any device
- Instant download
- Own it forever

Buy Chapter

▼ eBook

EUR 80.24

Price includes VAT (Poland)

- Available as PDF
- Read on any device
- Instant download
- Own it forever

Buy eBook

▼ Softcover Book

EUR 101.64

Price includes VAT (Poland)

- Compact, lightweight edition
- Dispatched in 3 to 5 business days
- Free shipping worldwide - [see info](#)

Buy Softcover Book

Purchases are for personal use only

[Learn about institutional subscriptions](#)

Preview

Unable to display preview. [Download preview PDF.](#)

References

Back, E., & DeVaney, S. A. (2004). Assessing the baby boomers' financial wellness using financial ratios and a subjective measure. *Family and Consumer Sciences Research Journal*, 32, 321–348.

Bailey, A. W. (1987). Social and economic factors affecting the financial well-being of families. *Journal of Home Economics, Summer*, 14–18.

Blau, F. D. (1998). Trends in the well-being of American women, 1970–1995. *Journal of Economic Literature*, 36(1), 112–165.

Blinder, A. S., Kristol, I., & Cohen, W. J. (1980). The level and distribution of economic well-being. In M. Feldstein (Ed.), *The American economy in transition* (pp. 415–479). Chicago: University of Chicago Press.

Breen, R. F. (1991). The financially mature: What they want and how to help them get it. *Insurance Sales*, 134(9), 8–10.

Cantril, H. (1965). *The pattern of human concerns*. New Brunswick, NJ: Rutgers University Press.

Cutler, N. E. (1995, January). Three myths of risk-tolerance: What clients are not telling you. *Journal of the American Society of CLU & ChFC*, 49, 33-37.

Davis, E. P., & Schumm, W. R. (1987). Family financial satisfaction: The impact of reference point. *Home Economics Research Journal*, 14, 123-131.

DeVaney, S. A. (1993). Change in household financial ratios between 1983 and 1986: Were American households improving their financial status? *Financial Counseling and Planning*, 4, 31-46.

DeVaney, S. A. (1994). The usefulness of financial ratios as predictors of household insolvency: Two perspectives. *Financial Counseling and Planning*, 5, 5-24.

DeVaney, S. A., & Lytton, R. T. (1995). Household insolvency: A review of household debt repayment, delinquency and bankruptcy. *Financial Services Review*, 4, 137-156.

Dickinson, A. (1996). The financial well-being of

women and the family. *The American Journal of Family Therapy*, 24(1), 65–73.

Diener, E., Suh, E., & Oishi, S. (1998). Recent studies on subjective well-being. *Indian Journal of Clinical Psychology*, 24, 25–41.

Fergusson, D. M., Horwood, L. J., & Beautrais, A. L. (1981). The measurement of family material well-being. *Journal of Marriage and the Family*, 43, 715–725.

Fletcher, C., & Lorenz, F. (1985) Social structural influences on the relationship between objective and subjective indicators of economic well-being. *Social Indicators Research*, 16, 333–345.

Garman, E. T., & Forgue, R. E. (2006). *Personal finance* (7th ed.). Boston: Houghton Mifflin Co.

George, L. K. (1992). Economic status and subjective well-being: A review of the literature and an agenda for future research. In N. E. Cutler, D. W. Gregg, & M. P. Lawton (Eds.), *Aging, money, and life satisfaction: Aspects of financial gerontology* (pp. 69–99). New York: Springer.

Godwin, D. D. (1994). Antecedents and consequences of newlyweds' cash flow management. *Financial Counseling and Planning*, 5, 161–190.

Greenley, J. R., Greenberg, J. S., & Brown, R. (1997). Measuring quality of life: A new and practical survey instrument. *Social Work, 42*, 244-254.

Greninger, S. A., Hampton, V. L., Kitt, K. A., & Achacoso, J. A. (1996). Ratios and benchmarks for measuring the financial well-being of families and individuals. *Financial Services Review, 5*(1), 57-70.

Hansen, J. C., Rossberg, R. H., & Cramer, S. H. (1994). *Counseling: Theory and practice*. Boston: Allyn and Bacon.

Haveman, R., & Wolfe, B. (1990). The economic well-being of the disabled. *Journal of Human Resources, 25*(1), 32-54.

Hayhoe, C. R. (1990). Theoretical model of perceived economic well-being. *Annual Proceedings of the Association for Financial Counseling and Planning Education, 116-141*.

Hayhoe, C. R., & Wilhelm, M. S. (1998). Modeling perceived economic well-being in a family setting: A gender perspective. *Financial Counseling and Planning, 9*(1), 21-34.

Headey, B. (1993). An economic model of subjective well-being: Integrating economic and

psychological theories. *Social Indicators Research*, 28, 97-116.

Hira, T. K., & Mugenda, O. M. (1999). The relationships between self-worth and financial beliefs, behavior, and satisfaction. *Journal of Family and Consumer Sciences*, 91(4), 76-82.

Jeries, N., & Allen, C. M. (1986). Satisfaction/dissatisfaction with financial management among married students. *Proceedings of American Council on Consumer Interests Annual Conference*, 63-69.

Joo, S. (1998). *Personal financial wellness and worker job productivity*. Unpublished doctoral dissertation, Virginia Polytechnic Institute and State University, Blacksburg, VA.

Joo, S., & Grable, J. E. (2004). An exploratory framework of the determinants of financial satisfaction. *Journal of Family and Economic Issues*, 25(1), 25-50.

Lown, J. M., & Ju, I. (1992). A model of credit use and financial satisfaction. *Financial Counseling and Planning*, 3, 105-123.

Magrabi, F. M., Pennock, J. L., Poole, W. K., & Rachal, J. V. (1975). An index of economic welfare

of rural families. *Journal of Consumer Research*, 2(3), 178-187.

Mathus, I. (1989). *Personal finance* (2nd ed.). Cincinnati, OH: South-Western Publishing Co.

Minnesota Extension Service. (1992). *Specialist research report: Economic well-being of non-institutionalized elderly with functional limitations*. Retrieved August 14, 2002, from <http://www.cyfc.umn.edu/Documents/G/B/GB1013.html>.

Moon, M., & Juster, F. T. (1995). Economic status measures in the health and retirement study. *Journal of Human Resources*, 30(health and retirement study supplement), S138-S157.

Porter, N. M. (1990). *Testing a model of financial well-being*. Unpublished doctoral dissertation, Virginia Polytechnic Institute and State University, Blacksburg, VA.

Porter, N. M., & Garman, E. T. (1993). Testing a conceptual model of financial well-being. *Financial Counseling and Planning*, 4, 135-164.

Radner, D. B. (1990). Assessing the economic status of the aged among nonaged using alternative income-wealth measures. *Social Security Bulletin*, 53(3), 2-14.

Radner, D. B. (1993). Economic well-being of the old: Family unit income and household wealth. *Social Security Bulletin*, 56(1), 3–19.

Sabelhaus, J., & Manchester, J. (1995). Baby boomers and their parents: How does their economic well-being compare in middle age? *Journal of Human Resources*, 30, 791–806.

Smeeding, T., Torrey, B. B., & Rein, M. (1987). Comparative well-being of children and elderly. *Contemporary Economic Policy*, 5(2), 52–72.

Strumpel, B. (Ed.). (1976). *Economic means for human needs*. Ann Arbor: MI: Institute for Social Research.

Van der Gaag, J., & Smolensky, E. (1982). Consumer expenditures and the evaluation of levels of living. *Review of Income and Wealth*, 1, 17–27.

van Praag, B. M. S., Frijters, P., Ferrer-i-Carbonell, A. (2000). *A structural model of well-being*. Tinbergen Institute Discussion Paper TI 2000-053/3. Retrieved August 12, 2002, from <http://www.tinbergen.nl>.

Weinberg, D. H., Nelson, C. T., Roemer, M. I., & Welniak, E. J. (1999). Economic well-being in the United States: How much improvement—fifty

years of U.S. income data from the current population survey: Alternatives, trends, and quality. *American Economic Review*, 89(2), 18–22.

Weisbrod, B. A., & Hansen, W. L. (1968). An income-net worth approach to measuring economic welfare. *The American Economic Review*, 58, 1315–1329.

Wilhelm, M. S., & Varcoe, K. (1991). Assessment of financial well-being: Impact of objective economic indicators and money attitudes on financial satisfaction and financial progress. *Annual Proceedings of the Association for Financial Counseling and Planning Education*, 184–202.

Wilhelm, M. S., Varcoe, K., & Fridrich, A. H. (1993). Financial satisfaction and assessment of financial progress: Importance of money attitudes. *Financial Counseling and Planning*, 4, 181–198.

Williams, F. L. (1993). Financial counseling: Low-income or limited-income families. In V. S. Fitzsimmons (Ed.), *Economic changes: Challenges for financial counseling and planning professionals* (pp. 121–145). *Proceedings of the Association for Financial Counseling and Planning Education*, San Antonio, TX.

Winter, M., Morris, E. W., & Gutkowska, K. (1999). Constraints, domain conditions, and well-being: Evidence from Poland during the transition. *Journal of Consumer Affairs*, 33, 27–47.

Zimmerman, S. L. (1995). *Understanding family policy: Theories and applications* (2nd ed.). Thousand Oaks, CA: Sage.

Author information

Authors and Affiliations

Financial Planning Standards Board of Korea, 17th FL., Seongji Bldg, Dohwa 2-dong, Mapo-gu, Seoul 121-743, Korea
Sohyun Joo

Editor information

Editors and Affiliations

University of Rhode Island Transition Center, 2 Lower College Rd., Kingston, RI 02881, USA
Jing Jian Xiao Ph.D.

Rights and permissions

[Reprints and permissions](#)

Copyright information

© 2008 Springer Science+Business Media, LLC

About this chapter

Cite this chapter

Joo, S. (2008). Personal Financial Wellness. In: Xiao, J.J. (eds) Handbook of Consumer Finance Research. Springer, New York, NY. https://doi.org/10.1007/978-0-387-75734-6_2

[.RIS↓](#) [.ENW↓](#) [.BIB↓](#)

DOI	Publisher Name	Print ISBN
https://doi.org/10.1007/978-0-387-75734-6_2	Springer, New York, NY	978-0-387-75733-9

Online ISBN	eBook Packages
978-0-387-75734-6	Behavioral Science Behavioral Science and Psychology_(R0)

Publish with us

[Policies and ethics](#)

Search

Search by keyword or author



Navigation

Find a journal

Publish with us

