

SCAI/ACVP expert consensus statement on cardiovascular catheterization laboratory economics: If the cath lab is your home you should understand its finances

This statement was endorsed by the Alliance of Cardiovascular Professionals (ACVP) in April 2019

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Disclosures for all authors are reported in Supplementary Table 1.

Abstract

This article is intended for any physician, administrator, or cardiovascular catheterization laboratory (CCL) staff member who desires a fundamental understanding of finances and economics of CCLs in the United States. The authors' goal is to illuminate general economic principles of CCL operations and provide details that can be used immediately by CCL leaders. Any article on economics in medicine should start by acknowledging the primacy of the principles of medical ethics. While physicians have been trained to act in the best interests of their patients and avoid actions that would harm patients it is vitally important that all professionals in the CCL focus on patients' needs. Caregivers both at the bedside and in the office must consider how their actions will affect not only the patient they are treating at the time, but others as well. If the best interests of a patient were to conflict with any recommendation in this article, the former should prevail.

Key Points

- To be successful and financially viable under current payment systems, CCL physicians, and managers must optimize the outcomes and efficiency of care by aligning CCL leadership, strategy, organization, processes, personnel, and culture.
- Optimizing a CCL's operating margin (profitability) requires maximizing revenues and

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- New procedures that improve patient care but are expensive can usually be justified by negotiating with vendors for lower prices and including the “halo effect” of collateral services that accompany the new procedure.
- Fiscal considerations should never eclipse quality concerns. High quality CCL care that prevents complications, increases efficiency, reduces waste, and eliminates unnecessary procedures represents a win for patients, physicians, and CCL administrators.

1 THE CCL BUDGET

Cardiovascular catheterization laboratory (CCL) budgets are divided into revenue and expenses.¹

1.1 Revenue and payment

1.1.1 Medicare CCL Hospital payment policy (Medicare part A)

Center for Medicare and Medicaid Services (CMS) reimbursement to hospitals is based on the inpatient prospective payment system (IPPS) medicare severity-diagnosis related group (MS-DRG) for inpatients and on the outpatient prospective payment system (OPPS) ambulatory payment classifications (APCs) for outpatients. Payments to a hospital for a given procedure are higher when the patient has inpatient status compared to a patient with outpatient status, but payments to physicians are the same for both (Table 1). CMS reimbursements for inpatients are higher for a patient with a major comorbidity or complication (MCC) than for a patient without an MCC (Tables 1 and 2).

Table 1. Ambulatory payment classifications and medicare severity-diagnosis related groups (MS-DRG) for diagnostic catheterization and coronary intervention procedures. Relative value unit (RVU) and payment data are for 2019

CPT code	Procedure	Work RVU	Total RVU ^a	APC number	APC payment
93450-93461	Diagnostic Catheterization (with or w/o FFR)	2.47-7.85	3.79-12.11	5191	\$2,810
92920	Coronary balloon angioplasty	9.85	15.49	5192	\$4,679
92924	Coronary Atherectomy	11.74	18.48	5193	\$9,669
92928	Coronary stenting (bare metal stent)	10.96	17.24	5193	\$9,669

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CPT code	Procedure	Work RVU	Total RVU	APC number	APC payment
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Abbreviations: RVU, relative value unit; APC, ambulatory payment classification; MS-DRG, diagnosis-related group; PCI, percutaneous coronary intervention; MCC, major complication or co-morbidity; FFR, fractional flow reserve.

^a Total RVUs include physician work RVUs, practice expense RVUs, and professional liability insurance RVUs.

Table 2. Partial list of codes relevant to interventional cardiology that are defined as a major complication or comorbidity (MCC), when used as a secondary diagnosis, from the ICD-10-CM/PCS MS-DRGv28 definitions manual

Diagnosis code	Description
I2101-I213	ST elevation myocardial infarction (STEMI)
I214	Non-ST elevation (NSTEMI) myocardial infarction (NSTEMI)
I220-I2209	Subsequent ST elevation MI (STEMI)
I234	Rupture of chordae tendineae as current complication following acute MI
I235	Rupture of papillary muscle as current complication following acute MI
I2542	Coronary artery dissection
I468-469	Cardiac arrest
I4901-4901	Ventricular fibrillation/flutter
I5021, I5023	Acute systolic heart failure
I5031, I5033	Acute diastolic heart failure
I5041, I5043	Acute systolic and diastolic heart failure
I6310-I6349	Cerebral infarction due to embolism
I7772	Dissection of iliac artery
J810	Acute pulmonary edema
J9582	Post-procedural respiratory failure

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1.1.2 Inpatient, outpatient, and observation status

In 2013, CMS issued the “two-midnight rule” to clarify which patients are considered inpatients. This rule stated that patients “expected” to stay for two nights or longer by the treating physician are to be considered inpatients. When an acute coronary syndrome is managed with urgent PCI and a one-night hospital stay, the patient may still qualify for inpatient status based on the judgment of the physician, if CMS reviewers consider supporting documentation to be sufficient. Patients not meeting requirements for inpatient designation are considered outpatients and reimbursed under the OPPS APC system.

Observation status is typically ordered for individuals who present to the emergency department and who then require a period of treatment and monitoring to determine whether or not their condition warrants inpatient admission or discharge.² Payment for observation is based on Comprehensive APC 8011, valued at \$2,387 in 2019, which is much less than the reimbursement for either inpatient or outpatient PCI. Unstable chest pain patients initially placed in observation who then undergo coronary intervention are usually converted to inpatient status.

1.1.3 Physician payment systems (Medicare part B)

Provider payment systems include fee for service (FFS), bundled payment, capitated payments, and recently introduced quality-based payment systems (Table 3). Physician payment is not a part of CCL budgets, but it may affect CCL revenues by encouraging or discouraging physicians from performing invasive procedures.

Table 3. Payment systems for physician services

Fee for service
Bundled payment
Capitated payment
Medicare access and CHIP reauthorization act of 2015 (MACRA) merit-based incentive payment system (MIPS) and a

Fee for service

Fee for service systems pay health care providers and CCLs directly for services rendered. The more procedures a physician or CCL does, the more they are reimbursed, which offers incentives for performing more procedures. Providers are transitioning away from FFS reimbursement

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involving coronary intervention, implemented in 2013 with voluntary participation by hospitals, are for acute myocardial infarction and for PCI.

Capitation

Capitation is a performance-based payment system in which healthcare service providers, usually primary care providers, are paid for every patient assigned to them but are at financial risk based on tests and services they order for their patients. Quality is incented by monitoring quality metrics. Efficient low-cost care is rewarded by greater revenue to the provider. Incentives to minimize cost of care might decrease referrals for sub-specialty care, especially for high-cost CCL services.

1.1.4 Merit based incentive payments system and alternative payment models

The Medicare access and CHIP reauthorization act of 2015 (MACRA) introduced a new Medicare physician payment system called the quality payment program (QPP). The program offers two tracks for eligible clinicians to receive Medicare payment adjustments under a value-based payment system: the merit-based incentive payment system (MIPS) and advanced alternative payment models (APMs).

The MIPS initiative ties Medicare Part B physician payments to quality and cost-efficient care. Clinicians' performance is measured through data reported in four areas - Quality, Improvement Activities, Advancing Care Information, and Cost. Based on a MIPS composite score, providers will be eligible for adjustments to their baseline Medicare Part B payment of up to -9 to +9% by 2022.

Advanced APMS include bundled payment programs and accountable care organizations with negotiated CMS payments that include "more than nominal risk" of reduced payments for providers who provide cost-inefficient care. Providers who achieve threshold levels of patients or payments through Advanced APMS become a Qualifying APM Participant and receive lump sum CMS bonus payments up to 5% annually from 2019 to 2024.

1.1.5 Coding for CCL procedures

Professional and technical components of CCL services must be reported accurately to optimize CCL revenues (Table 4).

Table 4. Coding systems

Acronym	Entity	Function
CPT	Current procedural terminology	Codes used to document services (evaluation and management) Category I: Typical services or procedures

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Acronym	Entity	Function
HCPCS	Healthcare common procedure coding system	Codes used to document evaluation and management service
		Level I: The CPT codes
		Level II: Standardized coding system used primarily to identify
APC	Ambulatory payment classification	CMS assigns individual services (HCPCS codes) to APC

Current procedural terminology codes

Current Procedural Terminology (CPT) codes are used by the physician to report professional services (Tables 6 and 7). Accurate reporting of CPT codes is also essential for the CCL since they determine which DRG or APC classification will be used to reimburse the facility. CMS' national payment policies dictate reimbursement, and some CPT codes are not reimbursed by CMS. For some of these codes, local Medicare carriers will issue local coverage decisions that provide coverage.

MS-DRG payments

MS-DRG payments to a facility cover costs of providing services to Medicare patients. A patient's MS-DRG is determined by (a) the principal International Classification of Diseases-10 (ICD-10) diagnosis and up to 24 secondary ICD-10 diagnoses including comorbidities or complications, (b) up to 25 procedures furnished during the stay, and (c) a patient's gender, age, or discharge status disposition. MS-DRGs bundle all services and supplies provided during the inpatient admission. MS-DRG reimbursement for an individual patient is not affected by length of stay, intensity of treatments, or number of procedures performed, except for extreme outlier cases.

CCLs typically have CCL staff enter codes or charges for each procedure, and hospital coding experts later convert these to billing codes. Accurate documentation is critical for this process. For example, an inpatient treated with a drug eluting stent maps to MS-DRG 247 with 2019 reimbursement of \$12,690. However, documentation of ≥ 4 stents used in the procedure or of a major complication or comorbidity (MCC) would shift the MS-DRG assignment to MS-DRG 246 with a 50% increase in reimbursement. CCL staff should therefore work carefully with hospital coding specialists to ensure proper reporting of patient comorbidities.

Facility reimbursement under Medicare for *outpatient* procedures is determined by the APC. The level II HCPCS codes are assigned to APCs based on similar clinical characteristics and similar costs. All services within an APC receive the same payment rate.

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procedures in a freestanding facility owned by the physician, CMS reimburses for the estimated cost to the physician for operating the facility during the procedure.

CMS regularly updates RVU values based on reviews by the American Medical Association/Specialty Society Relative Value Update Committee (RUC), which over the past decade has recommended new values for almost every code performed in CCLs (Tables 5 and 6).

Table 5. Relative value units (RVUs)s for adult cardiac catheterization codes in 2019

CPT code	Descriptor	Work RVU	Non-facility practice expense RVU	Facility practice expense RVU	Proliab insu RVU
Adult catheterization codes—Free-standing cardiac catheterization laboratories					
93452	^a Left heart cath	4.50	19.22	1.56	0.8
93453	^a Left and right heart cath	5.99	24.69	2.09	1.2
93454	Coronary angiography	4.54	19.38	1.57	0.9
93455	Coronary and graft angiography	5.29	22.26	1.82	1.0
93456	Right heart cath and coronary angiography	5.90	24.37	2.04	1.2
93457	Right heart cath and graft angiography	6.64	27.18	2.28	1.3
93458	^a Left heart cath and coronary angiography	5.60	22.74	1.93	1.1
93459	^a Left heart cath and graft angiography	6.35	24.74	2.17	1.3
93460	^a Left and right heart cath and coronary angiography	7.10	26.84	2.44	1.4
93461	^a Left and right heart cath and coronary and graft angiography	7.85	30.61	2.70	1.5
Adult catheterization codes – Hospital-based					
93452-26	^a Left heart cath	4.50	1.56	1.56	0.8

^a Left heart catheterization RVUs are the same with versus without left ventriculography. The –26 modifier is used when the procedure is performed in a facility (i.e., hospital) and practice expense consists of costs of running an office. When the codes is used without the –26 modifier, reimbursement includes practice expense of providing the entire service in a physician-

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CPT code	Descriptor	Work RVU	Non-facility practice expense RVU	Facility practice expense RVU	Professional liability insurance RVU	Total non-facility RVUs	Total facility RVUs
Trans-catheter aortic valve replacement (TAVR)							
33361	TAVR, percutaneous femoral access	25.13	NA	8.51	5.84	NA	39.48
33362	TAVR, open femoral access	27.52	NA	9.17	6.41	NA	43.10
33363	TAVR, open axillary access	28.50	NA	9.46	6.68	NA	44.66
33364	TAVR, open iliac access	30.00	NA	10.06	7.08	NA	46.14
33365	TAVR, median sternotomy	33.12	NA	10.95	7.76	NA	51.83
33366	TAVR, trans-apical	35.88	NA	11.76	8.39	NA	56.03
Transcatheter mitral valve repair (TMVR)							
33418	TMVR, initial prosthesis	32.25	NA	12.86	7.28	NA	52.39
33419	TMVR, additional prostheses	7.93	NA	2.68	1.76	NA	12.37

Note: Non-facility RVUs are not assigned because these procedures are only performed in a facility (i.e., inpatient hospital).

Abbreviations: TAVR, transcatheter aortic valve replacement; TMVR, transcatheter mitral valve replacement; PVL, peri-valvular leak.

1.2 Expenses

CCL expenses discussed here are costs, not charges. They can be divided into those which vary depending on the number of procedures done (“variable expenses”), and those which are independent of the number of procedures done (“fixed expenses”) (Table 7).

Table 7. Examples of types of cardiovascular catheterization laboratory expenses

Direct costs (directly attributable to the cardiac catheterization laboratory)

Direct variable costs (variable depending on number of procedures done)

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Depreciation of cardiac catheterization laboratory equipment

Environmental services (housekeeping)

Indirect fixed costs

Salaries of hospital C-suite administrators

Rent for physical space in hospital where cardiac catheterization laboratory is located

Overhead costs of running medical center (security, non-patient care departments, etc)

Share of institutional debt

Fixed direct expenses

Fixed direct expenses do not vary with the number of procedures done and they are directly attributable to the CCL. These include salary of the CCL operations manager and environmental services workers, cost of maintenance of the CCL, and cost of capital equipment (e.g., balloon pump consoles or CCL imaging equipment) which may be distributed over time as depreciation.

Fixed indirect expenses

Fixed indirect expenses are not directly attributable to the CCL, such as the salary of the hospital C-suite leaders, maintenance of hospital grounds, or interest on institutional debt. These expenses are distributed across all units in the hospital, and hospital accountants assign the CCL a specific share.

Variable expenses

Variable expenses vary with the number of procedures done, and often are directly attributable to each procedure. Examples include disposable materials (e.g., drapes, syringes), devices (e.g., stents, mechanical support devices), and drugs (e.g., bivalirudin) used for a particular patient (Table 9).

Some expenses have both fixed and variable aspects. For example, if three CCL staff are assigned to the CCL every day regardless of whether one or six cases are done, their salary is a fixed expense for the CCL. However, if technologists are paid overtime for seven or more cases for the day (or if a second shift of technologists is hired), the additional salary adds a variable component to the CCL's expenses.

1.3 Operating margin

The difference between CCL revenues and expenses is the operating margin (i.e., profitability). CCL revenues for inpatient procedures are difficult to quantify since reimbursement is by a MS-DRG.

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CCL leaders and administrators may encounter the term “EBITDA,” an acronym for “earnings before interest, taxes, depreciation, and amortization”. This is an accounting metric calculated by adding depreciation and amortization back into operating margin, then subtracting the CCL’s share of institutional taxes, and interest on debt. EBITDA is seldom applied to CCL financial considerations.”

When evaluating the financial aspects of different programs (e.g., structural, peripheral, and coronary), it may be useful to identify revenues, expenses, and operating margins for each.

2 ECONOMICS OF NEW PROCEDURES: HOW TO MAKE THEM AT LEAST BREAK EVEN

2.1 How payments for new procedures are developed

A new procedure receives a CPT code through the American Medical Association CPT Editorial Panel. This process typically begins with specialty societies submitting a code proposal to the Panel. New procedural codes often begin as Category III codes for emerging technology, which are tracked but not reimbursed by CMS on a national level, although local Medicare carriers may provide coverage. If such a procedure becomes frequently performed, specialty societies apply to the Panel to convert it to a category I code.

Next, the specialty societies (e.g., the American College of Cardiology and the Society for Cardiovascular Angiography and Interventions) survey providers regarding the time and effort required to perform the service. Survey results are reported to the AMA/specialty society relative value update committee (RUC). Based on survey results and the specialty societies’ recommendations, the RUC recommends RVU values for physician work and practice expense to CMS. CMS either accepts the RUC recommendation, uses internal processes to develop its own values, or makes a payment policy decision to not reimburse for the procedure. In some cases, CMS makes a National Coverage Determination, which sets conditions on payment for procedures. CMS publishes its final decisions in the late fall of every year as part of the medicare physician payment schedule in the code of the federal register final rule.

Finally, CMS determines if a new procedure should be assigned to an existing MS-DRG or APC, or whether it is different enough to require a new, unique MS-DRG or APC. In the latter case CMS develops and values a new MS-DRG or APC (Table 8).

Table 8. CMS relative value units and reimbursements for new structural interventional procedures in 2019

Procedure	CPT	Work	Total	Average	DRG (w/)	DRG payment
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2.2 Specific new technologies payments

New cardiovascular technologies are financially challenging for CCLs. Structural procedures such as trans-catheter aortic valve replacement (TAVR), percutaneous left atrial appendage occlusion (LAAO), and transcatheter mitral valve replacement (TMVR) require expensive implantable devices. Total reimbursement may not even cover the cost of the device to the hospital. Table 9 shows financial modeling from a tertiary care center considering whether to start a left atrial appendage occlusion program. The model suggested that the program would roughly break even, with length of stay after the procedure determining whether the program would generate profits or losses.

Table 9. Pro forma for watchman procedure revenue/cost impact

	Vendor total ^a	MS-DRG 222, 224- 225, and 242-244 prorated to 48 cases, length of stay 2 days	MS-DRG 222, 224- 225, and 242-244 prorated to 48 cases, length of stay 2 days	MS-DRG 222, 224- 225, and 242-244 prorated to 48 cases, length of stay 2 days	MS-DRG 222, 224- 225, and 242-244 prorated to 48 cases, length of stay 2 days	MS-DRG 222, 224- 225, and 242-244 prorated to 48 cases, length of stay 2 days
Annual watchman implants ^b	48	48	1	1	1	1
Average length of stay	1.3	2	2	2	2	2
Annual procedure reimbursement	\$ 1,212,729	\$ 1,123,008	\$ 23,396	\$ 23,396	\$ 23,396	\$ 23,396
Annual watchman system cost	\$ 864,000	\$ 864,000	\$ 18,000	\$ 18,000	\$ 18,000	\$ 18,000
Annualized rebate savings	\$(168,000)	\$(168,000)	\$(3,500)	\$(3,500)	\$(3,500)	\$(3,500)
Annual cardiology services cost (variable other cost)	\$ 81,456	\$ 130,224	\$ 2,713	\$ 2,713	\$ 2,713	\$ 2,713
Annual medical surgical supplies and DME costs (variable supply cost)	\$ 126,480	\$ 120,528	\$ 2,511	\$ 2,511	\$ 2,511	\$ 2,511
Annual procedural cost	\$ 903,936	\$ 946,752	\$ 19,724	\$ 19,724	\$ 19,724	\$ 19,724
Annual contribution margin before subtracting cost per day	\$ 308,793	\$ 176,256	\$ 3,672	\$ 3,672	\$ 3,672	\$ 3,672

Abbreviation: MS-DRG, medicare severity-diagnosis related group.

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under fee for service reimbursement systems, it is important to consider the halo effect. However, some chief financial officers put little credence in the halo effect, it is irrelevant under capitated or bundled payments systems, and fee-for-service revenues resulting from halo effect services may decrease as technology matures.

Requirements for performing TMVR, TAVR, and LAAO are specified in Medicare's National Coverage Determinations. Failure to meet these requirements will lead to nonpayment by CMS. Nonpayment for even a few procedures will have severe consequences to CCL operating margins. It is important for CCL leaders to be aware when CMS issues new national coverage determinations or payment policies.

Documentation and coding of major complications or comorbidities is critical since their presence adds nearly \$5,000 to reimbursement for LAAO, almost \$10,000 for TAVR, and almost \$30,000 for TMVR.

2.3 Medicare reimbursement to providers

Reimbursement for new procedures may be marginal not only for CCLs, but also for providers (Table 8). Surgeons may find time spent assisting with structural procedures to be far less remunerative than time spent operating. Echocardiographers are reimbursed with the structural echo CPT code (CPT 93355), valued at only 4.66 RVUs (about \$160) for an estimated 2 hr and 40 min of work. Interventionalists are not reimbursed by payers for training or for developing structural intervention programs. These factors may limit physicians' enthusiasm for new CCL procedures.

3 STRATEGIES FOR SURVIVING AND THRIVING IN THE ERA OF HEALTH REFORM

3.1 Maximizing revenue in fee for service reimbursement systems

Regardless of which payment system is reimbursing for services, any provider of services must ensure that what is owed is collected. For the CCL, the "realization rate" can be defined as the ratio of what is owed by payers, to what is collected. Optimizing this ratio is the responsibility of CCL operations managers and depends on appropriate coding of services, patient morbidities, and equipment; timely submission of accurate claims; re-submission when claims are inappropriately denied; and efficient collection strategies.

Documentation

Documentation is critical to the financial health of CCLs. Coding of procedures and the equipment used during a procedure will determine to which MS-DRG or APC the patient is assigned, and whether the patient meets criteria for MCC status. As noted above, neglecting to mention that a stent was

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Formalizing documentation processes within the CCL is the CCL manager's responsibility. Maintaining awareness of current coding conventions and staying abreast of changes within coding systems is critical since codes and coding systems change frequently. Professional clinical documentation improvement personnel have primary responsibility to ensure that all procedures and services are coded and submitted properly for reimbursement. Structured reporting systems that utilize artificial intelligence and natural language processing have proven to improve coding and mitigate risk, and in turn can improve revenue.

Efficiency

Efficiency is crucial for CCLs to optimize revenue by increasing the volume of services provided per day. Efficiency can be gained by ensuring on-time starts, minimizing turn-over, smoothing schedules, or using block scheduling to minimize CCL down-time during the day. Communication among CCL team members is critical including morning "huddles" using Lean techniques, regular CCL leadership team meetings, and group debriefing after adverse events. Procedural techniques that optimize efficiency should be encouraged. For example, transradial access, coupled with same day discharge after PCI procedures, reduced CCL costs (by \$3,689/patient) in one study.³ The SCAI consensus document on CCL best practices lists additional strategies to optimize CCL efficiency.⁴

Expanding services

Expanding services is crucial. As interventional coronary procedure volumes have declined, structural procedures have stabilized CCL volumes and revenues. When clinically appropriate, increase a CCL's scope of practice to include peripheral procedures, implantable rhythm recorders, pulmonary artery pressure monitoring devices, and other new procedures.

3.2 Minimizing CCL expenses

Labor

Labor is a major CCL expense, which can be minimized by ensuring that all CCL personnel are "working at the top of the license." Down time can be minimized by preventing late starts, decreasing turnover times, and closing the CCL early on slow days. Overtime can be minimized by restricting after-hours procedures to those which clearly benefit patients and decrease length of stay.

Costs of disposable items

Costs of disposable items used in a CCL are unknown to most interventionalists. Making physicians aware that alternative products offer equal quality at less cost is often effective in changing their behavior. CCL managers should provide physicians with regular reports on their utilization of CCL time and equipment costs and how they compare to their peers in the same CCL. Interventionalists' natural

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Individual operators should not be able to make unilateral decisions to stock particular devices in the CCL. Instead, clinical use committees should evaluate all CCL equipment and supplies, especially new devices, to determine which should be available in the CCL. The Committee should include CCL physicians, CCL administrators, and supply chain personnel.

Teams negotiating with vendors should have a similar composition. These physician leaders can muster solidarity of CCL physicians to avoid undercutting negotiations, and advocate for patients and CCL physicians to make sure that equipment is available to provide optimal patient care.

Capital equipment costs

Capital equipment costs can be minimized by good maintenance to prolong equipment life. Some CCLs contract with vendors to obtain capital equipment “free,” in exchange for volume commitments of disposables. New technology should prove its worth before being purchased. Since capital equipment is a fixed expense, CCLs can decrease cost per case by maximizing the number of procedures done per piece of equipment per day by minimizing CCL down time, and operating the CCL during evenings and weekends.¹

3.3 Minimizing non-CCL expenses

Under current CMS payment policies, CCL complications have a direct negative effect on hospital payments. While major complications are often reimbursed through a DRG “with MCC,” complications that do not qualify as “major” are uncompensated under the DRG system. CCL complications can increase the cost of care from \$5,000 for a vascular access complication to \$29,000 for emergency bypass surgery.⁵ By increasing hospital costs and prolonging length of stay, complications decrease the hospital's profit margin.

CCL complications that lead to readmissions decrease hospital operating margins through the CMS Hospital Readmission Reduction Program, which reduces CMS payments by up to 3% to hospitals with excess readmissions of myocardial infarction and heart failure patients. The 30-day readmission rate is significantly higher in patients who experienced a complication during angiography or reperfusion/revascularization during the index MI as compared to those without complication.⁶

3.4 Maximizing quality

Maintaining positive operating margins has become more difficult for hospitals due to declining reimbursement, increasing capitation, worsening payer mix (commercial patients aging into Medicare), increasing patient defaults on large deductibles, and the requirement to serve the needs of increasing numbers of uninsured or underinsured (Medicaid) patients. The transition from fee-for-service to value-based payments systems provides a strong incentive for CCLs to optimize quality and

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- Peer review.
 - Hospital quality assurance committee.
 - CCL quality assurance committee.
- Credentialing criteria.
 - Initial and periodic (2 year) re-credentialing.
 - Credentialing committee.
- Continuing medical education requirements.
- Reporting (monthly, quarterly, and/or annually).
- Process (managing the patient).
 - Quality and safety processes of care.
 - Direct patient care.
 - Operational and administrative activity.
 - Guideline adherence (evidence-based practice).
 - Cost effectiveness, waste reduction, and appropriate utilization.
 - Direct patient care activities.

CCL physician and administrative leaders must ensure that strategies to control costs, which have been described above, do NOT compromise quality or safety.

Quality affects CCL operating margins

Under FFS and bundled payment systems, CCL revenues are increased by higher volumes of procedures resulting from third-party contracts and selection as a preferred provider by private payers. These are easier to obtain for institutions with demonstrably higher quality metrics. Contracts that offer higher payment rates may go to hospitals with excellent patient satisfaction scores and outcomes. Conversely, poor quality that leads to inefficiency and complications will increase costs and could lead to de-selection by payers.

Benchmarking

Benchmarking of key performance indicators, process metrics, and best practices against national

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they do require documentation to support payment. It is good practice to specifically document intentional variation and to address the individual patient's expected risk to benefit ratio. The use of AUC as a continuous assessment of practice patterns should guide more effective, efficient utilization of CCL resources, and ultimately result in better patient outcome.

4 ECONOMICS OF OUTPATIENT FACILITIES

CMS defines several types of CCL based on their "place of service" (POS). While most CCLs are hospital-based (POS 19 or 22), some are freestanding. POS 11 describes a laboratory, not at a hospital, solely physician owned and operated. Services are reimbursed through Medicare Part B Physician Fee Schedule non-facility RVU rates which includes payment for the physician work and both direct (supplies, equipment use, nonphysician clinical staff time) and indirect (overhead and office administration) practice costs.

POS 24 describes an ambulatory surgical center (ASC) where surgical and diagnostic services are provided on an ambulatory basis. ASCs may be owned by nonphysicians/investors, a hospital, or may be a joint venture between a hospital and a physician group. Services at an ASC are reimbursed through the Medicare ASC Payment System, which is based on the Medicare OPPS.

Hospital-outpatient centers and ASCs are accredited and regulated on state and federal levels; in select states office-based laboratories are exempt from some regulatory requirements. Office based labs (POS 11) are accredited to perform diagnostic coronary angiograms without intervention and diagnostic and interventional peripheral procedures on Medicare patients. Diagnostic and lower-risk endovascular procedures such as angiograms, coronary/peripheral vascular interventions, and electrophysiologic device implants can be safely preformed in freestanding and office-based laboratories.⁸ Some commercial payers allow coronary interventional procedures, pacemakers, and internal cardioverter defibrillator placement in these settings as well. Complication rates are similar between hospital-outpatient centers and ASCs. Procedures appear to cost payers more at hospital-outpatient centers than ASCs⁹ or office-based laboratories.¹⁰

In contrast to hospital-based CCLs (POS 19 or 22), office-based laboratories (POS 11) and ASCs (POS 24) more often operate as profit centers where operating margins determine their viability. They have been more aggressive in redesigning care to maximize outcomes and revenue through high quality documentation/coding, benchmarking, consolidation of care with interdisciplinary specialists, and competitive contract negotiations with vendors outside group purchasing organizations. Most pursue Joint Commission accreditation.

The changing focus of reimbursement models from FFS to patient centered quality measures and value will bring both opportunities and challenges for outpatient facilities, particularly with respect to

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Understanding the economics of CCLs is essential for physicians, administrators, and other CCL personnel as they strive to balance the best possible patient care with fiscal constraints and competing demands for resources. An efficient CCL can provide superb cutting-edge patient care, excellent patient experience, extreme employee workplace satisfaction, and financial support for other less-profitable hospital programs. This article has reviewed general financial principles of CCL operation, and has emphasized that fiscal concerns should not limit the quality or scope of CCL services.

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Supporting Information

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