

HEALTH AFFAIRS > VOL. 16, NO. 4

## The Politics And Economics Of Mental Health 'Parity' Laws

Richard G. Frank, Chris Koyanagi, and Thomas G. McGuire

PUBLISHED: JULY/AUGUST 1007 N. A. ..... https://doi.org/10.1077/blthoff.16.4.1

#### **Abstract**

#### Prologue:

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In this paper Frank and

forces that traditionally limited coverage of mental health care, the tortuous journey of the new parity amendment, and the challenges of ensuring access to mental health care in today's managed care world. Frank is a professor in the Department of Health Care Policy at Harvard University and a research associate with the National Bureau of Economic Research. He and McGuire are writing a book on mental health/substance abuse finance reform as a result of their joint 1994-1996 Robert Wood Johnson Foundation Investigator Award in Health Policy. Koyanagi is director of legislative policy at the Bazelon Center for Mental Health Law, in Washington, D.C. Her particular areas of responsibility are mental health care financing and children's mental health services. McGuire is a professor of economics at Boston University. He is the recipient of two sequential five-year Research Scientist Awards from the National Institute of Mental Health.

**ABSTRACT:** The enactment of the Domenici-Wellstone amendment in September 1996, which calls for the elimination of certain limits on coverage for mental health care under private insurance, is being hailed as a major step forward in the quest for "parity" in mental health coverage. Parity legislation is being introduced in a number of state legislatures and is finding new enthusiasm in Congress. In this paper we consider the efficiency rationale for these laws and examine their likely impact in the era of managed care. We conclude that although such successes represent important political events, they may offer only small gains in the efficiency and fairness of insurance markets.

#### **TOPICS**

MENTAL HEALTH | MANAGED CARE | LEGISLATION | MENTAL DISORDERS | ETHICS | ACCESS TO CARE | COST SHARING | COSTS AND SPENDING | ADVERSE SELECTION | MARKETS

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