

## Cookies Notification



This site uses cookies. By continuing to browse the site you are agreeing to our use of cookies.

[Find out more.](#)

Accept



## RESEARCH ARTICLE

[HEALTH AFFAIRS](#) > [VOL. 27, NO. 1](#): HEALTH SPENDING IN 2006

# The Effect Of Consumer-Directed Health Plans On The Use Of Preventive And Chronic Illness Services

[John W. Rowe](#), [Tina Brown-Stevenson](#), [Roberta L. Downey](#), and [Joseph P. Newhouse](#)

PUBLISHED: JANUARY/FEBRUARY 2008 No Access <https://doi.org/10.1377/hlthaff.27.1.113>

 View Article

## Abstract

We compared use of preventive, cancer screening, and diabetic monitoring services among 17,411 people who were continuously enrolled in a consumer-directed health plan (CDHP) for three years with a matched group of 128,444 people who were enrolled in a preferred provider organization (PPO). In the CDHPs, preventive and screening services were free. Levels and trends in use were similar between the two groups over the three years of follow-up. These results support varying the degree of cost sharing for services depending on the effect of the service on future health status and costs.

## TOPICS

[HEALTH REIMBURSEMENT ARRANGEMENTS](#) | [PREFERRED PROVIDER ORGANIZATIONS](#) | [COST SHARING](#) | [PREVENTIVE CARE](#) | [HIGH-DEDUCTIBLE HEALTH PLANS](#) | [DEDUCTIBLES](#) | [HEALTH INFORMATION EXCHANGE](#) | [POPULATIONS](#) | [COSTS AND SPENDING](#) | [PRIVATE HEALTH INSURANCE](#)

# Health Affairs Comment Policy

Comment moderation is in use. Please do not submit your comment twice -- it will appear shortly.

Please read our Comment Policy before commenting.

Got it

0 Comments

1 Login ▾



LOG IN WITH

OR SIGN UP WITH DISQUS ?



Name



• Share

Best Newest Oldest

Be the first to comment.

Subscribe Privacy Do Not Sell My Data

DISQUS

# HealthAffairs

1101 Connecticut Ave NW #500  
Washington, DC 20036  
T 202 408 6801  
F 301 654 2845  
customerservice@healthaffairs.org

## TOPICS

- Access & Use
- Costs & Spending
- COVID-19
- Health Equity
- Health Reform
- Leading To Health
- More Topics

## CONTENT

- Journal
- Forefront
- Scholar

Briefs  
Events  
Podcasts  
Collected Works

## INFORMATION FOR

Authors  
Request For Abstracts  
Reviewers  
Subscribers  
Advertisers  
Media News Room  
Funders  
Event Attendees

## SERVICES & RESOURCES

Submit Content  
Subscribe  
Renew  
Manage My Account  
Purchase Content  
Permissions  
Alerts  
Newsletter Sign Up  
Advertising Kit

## HEALTH AFFAIRS

About  
Impact Report  
Terms & Conditions  
Privacy Policy  
Jobs At Health Affairs  
Fellowships  
Contact Us



Standard of  
Excellence  
Winner



[Terms and conditions](#) | [Privacy](#) | [Project HOPE](#)

Health Affairs is pleased to offer [Free Access for low-income countries](#). Health Affairs gratefully acknowledges the support of many [funders](#).

Health Affairs is an official journal of [AcademyHealth](#).

**project  
HOPE**  
Urgent relief.  
Lasting impact.

Health Affairs and its health policy publications are editorially independent from its publisher, Project HOPE, a nonprofit global health and humanitarian organization. Project HOPE has published Health Affairs since 1981.

Copyright 1995 - 2025 by [Project HOPE: The People-to-People Health Foundation, Inc.](#), eISSN 2694-233X.