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Value-Based Pricing for Emerging Gene Therapies: The Economic Case for a Higher Cost-Effectiveness Threshold

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Abstract

While one-time gene replacement therapies may offer transformative innovation for the management of ultrarare, health-catastrophic diseases, they also pose challenges to the current U.S. health care system. Historically, the United States and other countries have demonstrated a willingness to support higher prices for health gains in rare diseases. However, payers may be ill-prepared to address reimbursement based on single administrations associated with gene therapies. As yet, there is no consensus on how to appropriately reward gene therapy innovation. The purpose of this article is to characterize challenges for traditional approaches to assessing the value of one-time gene replacement therapies and to provide a health economic rationale for a higher value-based cost-effectiveness threshold (CET).

There is a general recognition that ultrarare, health-catastrophic conditions should be judged against a higher CET. The Institute for Clinical and Economic Review in the United States has discussed a range of up to $500K per quality-adjusted life-year (QALY) gained for ultrarare diseases, and the National Institute for Health and Care Excellence in the United Kingdom has described a variable threshold up to £300,000 per QALY depending on the

magnitude of the health gains. In practice, health technology assessment decision makers often make comparisons to "benchmarks" to justify both standard and extraordinary CETs. We briefly review and present a list of relevant benchmarks.

We also sketch out how a broader concept of value could provide the basis for higher CETs for some ultrarare diseases. This approach is outlined by the recent International Society for Pharmacoeconomics and Outcomes Research Special Task Force on Value Assessment Frameworks. In addition to the QALY gains, other elements of value related to uncertainty may also be important. They include insurance value, severity of disease, real option value, value of hope, and equity.

A gene therapy currently in development for the treatment of spinal muscular atrophy (SMA) provides an exemplar for discussing the issues that accompany one-time gene replacement therapies. It is imperative that we find a consensus on how to appropriately reward value created by these gene therapies to incentivize appropriate risk taking and investments by their developers—a higher CET would, by economic logic, support a higher value-based price. If consensus on appropriate rewards cannot be found for safe and effective gene therapies for diseases such as SMA with clear criticality and unmet need, it will be even more difficult to do so for diseases where the value provided is less apparent.

The development of one-time gene replacement therapies for ultrarare, health-catastrophic diseases heralds a new era of transformative innovation that may offer cures (or near cures) while reducing the high lifetime cost of medicines administered chronically. The United States and other countries have adopted regulations and incentives to encourage the development of orphan products for rare diseases and have, in practice, demonstrated some willingness to pay higher prices for these health gains compared with those for more common diseases. Although there is some concern that the package of incentives is excessive, here we examine the economic case for supporting a higher value-based cost-effectiveness threshold (CET) as an incentive.[1] One-time dosing with potential lifetime benefit creates challenges for payers to adequately reward the manufacturers of such innovations with a sufficient return on their investment. Traditionally, the assessed value and financing of pharmaceutical therapies have been heavily influenced by the duration of treatment. Economic value is generally defined in terms of health gained (i.e., quality-adjusted life-years [QALY]) plus cost-offsets

assessed over the time horizon of impact. However, assigning appropriate value over the long run for one-time gene replacement therapies is difficult because this usually requires extrapolation from small trials of short duration. In addition, the annual budget cycle of health plans with limited resources for their populations creates a financing challenge. To date, plans often focus on budget impact rather than value, and no clear consensus has emerged on how to address these issues as several gene therapies are looming on the horizon.[2]

The purpose of this short Viewpoints article is to characterize the challenges for traditional approaches to assessing the value of one-time gene replacement therapies and to provide a health economic rationale for a higher value-based CET.

Approaches to CETs for Ultrarare, Health-Catastrophic Conditions

Why use CETs in the first place? The simplest rationale is that health care decision makers will want to maximize the benefits from their fixed annual budget, following the basic microeconomic principle of comparing marginal benefit and marginal cost. This comparison yields the incremental cost-effectiveness ratio as used in health technology assessment (HTA). As a general rule in a market economy, the value of an economic good can be viewed in 2 ways: what individuals are willing to pay for it (a demand-side view) or what they have to trade off to get it (an opportunity cost or supply-side view).[3] Since the bulk of health care is financed by insurance, it is difficult to ascertain either of these directly. In this section, we briefly review some of the issues and approaches to establishing QALY-based CETs. Then, we sketch out how a broader concept of value could provide the basis for a higher CET for some ultrarare diseases.

In practice, HTA decision makers often make comparisons to benchmarks (Table 1) to justify standard and extraordinary CETs. These benchmarks can be decision rules established by HTA bodies, standards generated by alternative methodologies, or comparisons with previous analog technologies. Historically, kidney hemodialysis set a benchmark 35 years ago based on its average annual cost of $50K, which has arguably had a perverse effect on the history of the CET.[4-7] Absent dialysis, chronic renal failure patients would die. By providing extensive Medicare coverage for these patients, we expressed a societal preference to buy life-years at this price. To this day, a $50K CET (i.e., cost-per-QALY benchmark) is used as a lower bound.[8] However, given the average utility for hemodialysis patients of about 0.6, the implied CET was about $83K per QALY in 1980 (in 1980 U.S. dollars).[9] Today, hemodialysis averages about $89K annually for nearly 500,000 patients, implying a CET of about $148K per QALY.[10]

TABLE 1 *Estimates and Sources Relevant to CETs*

HTA Body, Methodology, or Technology	Relevant Utility and Cost-Effectiveness Estimates	Implied CET or Incremental Cost-Effectiveness Ratio	Sources
HTA body/government agency			
ICER consensus range	$50K-150K for non-orphans $175k-$500k for ultra-orphans	$175K-$500K per QALY for ultraorphans	ICER (January 2018; 2017)[8,17]
Value of a statistical life (U.S. HHS)	Central: $9.9M; range: $4.6M-$15.0M (2014 USD)	$328K per QALY	ASPE (2016)[22]
Value of a statistical life (U.S. DOT)	Mean: $9.6M; range: $5.4M-$13.4M (2015 USD)	$315K per QALY	Moran and Monje (2016)[23]
NICE range	£20K-£300K for highly specialized technologies	$390K per QALY	NICE (2017)[18]
Methodological approaches			
Value of a statistical life (systematic literature review)	Midpoint: $6.5M; $2M to $11.1M per life	$213K per LY	Bosworth et al. (2017)[19]
Value of a statistical life (systematic review and quantitative analysis)	Included human capital, contingent valuation, and revealed preference studies	$25K-$428K (medians) across study types (1997 USD)	Hirth et al. (2000)[4]
Welfare economics theory	2 times per capita GDP	$119K per QALY	Garber and Phelps (1997)[11]
Opportunity-cost approach	£13K (in relation to U.K. GDP per capita of £39.7K)	$20K per QALY	Claxton et al. (2013)[15]; Woods et al. (2016)[16]
Expert consensus	1-3 times per capita GDP	$60K-$179K per QALY	WHO (2001)[12]
Rule of rescue for nonmedical identified lives	Thousands and millions	NA	Cookson (2017)[26]
Specific health technologies			
Hemodialysis for end-stage renal disease	Utility on dialysis: 0.6 1980: Average cost per year: $50K Implied CET: $83K 2016: Average cost per year: $89K Implied CET: $148K	$148K per QALY	Authors' calculations; Grosse (2008)[6]; Wyld (2012)[9]; U.S. Renal Data System (2017)[10]

HTA Body, Methodology, or Technology	Relevant Utility and Cost-Effectiveness Estimates	Implied CET or Incremental Cost-Effectiveness Ratio	Sources
Hemophilia A with bypassing agents	For patients aged <12 years, discounted lifetime costs and QALYs: No prophylaxis: $31M, 20.40 QALYs BPA prophylaxis: $99M, 22.41 QALYs Emicizumab prophylaxis: $21M, 22.79 QALYs	$39M per QALY Cost-saving; dominant	ICER (April 2018)[27]
Inherited retinal disease—voretigene neparvovec	Drug wholesale acquisition cost: $855K Average QALY gain: 1.3 (treatment age 12) Icer: $644K per QALY	$644K per QALY	ICER (February 2018)[28]
Cystic fibrosis with gating mutation—ivacaftor	Total lifetime drug cost: $7.44M Average QALYs gain: 6.73 Icer: $957K per QALY	$957K per QALY	ICER (May 2018)[29]
CAR-T therapy for B-cell acute lymphoblastic leukemia	Tisagenlecleucel (vs. clofarabine) Total discounted lifetime cost: $667K Total discounted QALYs gained: 7.18 Icer: $46K per QALY Axicabtagene ciloleucel (vs. chemotherapy) Total discounted lifetime cost: $617K Total discounted QALYs gained: 3.40 Icer: $136K per QALY	$46K per QALY $136K per QALY	ICER (March 2018)[32]
C1 esterase inhibitors for hereditary angioedema	No prophylaxis: $10.0M, 17.47 QALYs Cinryze: $14.4M, 18.21 QALYs Haegarda: $10.3M, 18.65 QALYS	Cinryze: $5.9M per QALY Haegarda: $328K per QALY	ICER (November 2018)[30]
Nusinersen (Spinraza) for SMA (type 1)	Drug cost: $750K Year 1 and $375K annually thereafter	> $375K per QALY	Medi-Span (2018)[31]

HTA Body, Methodology, or Technology	Relevant Utility and Cost-Effectiveness Estimates	Implied CET or Incremental Cost-Effectiveness Ratio	Sources
Organ transplants	Estimated billed charges (2017; 5-year survival): · Heart: $1.38M (78%) · Liver: $813K (75%) · Lung-double: $1.19M (55%) · Heart-lung: $2.53M (51%)	NA	Bentley and Phillips (2017)[33]

ASPE = Office of the Assistant Secretary for Planning and Evaluation; BPA = bypassing agent; CAR-T = chimeric antigen receptor T-cell therapy; CET = cost-effectiveness threshold; DOT = Department of Transportation; GDP = gross domestic product; HHS = Department of Health and Human Services; HTA = health technology assessment; ICER = Institute for Clinical and Economic Review; Icer = incremental cost-effectiveness ratio; LY = life-year; NA = not available; NICE = National Institute for Health and Care Excellence; QALY = quality-adjusted life-year; SMA = spinal muscular atrophy; USD = U.S. dollars; WHO = World Health Organization.

The Institute for Clinical and Economic Review (ICER) in the United States is an increasingly influential, private, nonprofit HTA body offering free publicized assessments on newly approved medicines. ICER has used a CET range of $50K per QALY to $150K per QALY for common conditions, but it does not provide a specific or unique numerical derivation; rather, it cites a variety of approaches that fall in this range.[8] Approaches vary from quantified economic theory to an often-cited, WHO-endorsed aspirational threshold of 1-3 times per capita gross domestic product (GDP) for low- and middle-income countries.[11,12] The basis for the latter is unclear and has been questioned, but it has had a considerable effect on policy discussions.[13] Per capita GDP in the United States was $59,500 in 2017, so the implied high end of ICER's range (at $150K CET) is 19% below this.[14]

This demand-side approach has been questioned by U.K. researchers taking an empirical, opportunity-cost approach. They estimated, for example, that the U.K. health system can produce an additional QALY for £12,936.[15,16] They ask: Why should they pay more than this for innovations? U.K. GDP per capita was about $39,700 (£30,300) in 2017.[14] The National Institute for Health and Care Excellence's (NICE) initial threshold of £30K per QALY was gradually revised down to about £20K per QALY.[15]

Although there is currently no consensus on whether coverage and pricing of new treatments for ultrarare, health-catastrophic conditions should be judged against a higher CET, there is at least a general recognition this may well be the case. ICER has discussed a range of up to $500K per QALY for ultra-rare diseases but has said it will still publicize the base-case value-based price (VBP) at a CET of $150K per QALY gained.[17] NICE has defined these as "highly specialized technologies" that should be subject to a much higher, but variable threshold up to £300K ($390K) per QALY depending on the magnitude of the QALY gains.[18]

If a therapy "cures" a disease that would be fatal in early childhood, an additional question emerges about the value of a full life. Societal value-of-life benchmarks come from a variety of sources (Table 1). Prominent among these is the large amount of literature on the value of a statistical life (VSL).[19,20] Some of these are "revealed preference" studies, reflecting a wide range of real-world situations where individuals make choices that involve some trade-off between mortality risk and money—for example, higher wages for work in a risky occupation. In "stated preference" studies, individuals are asked hypothetically how much they would be willing to pay to avoid a small mortality risk. A recent comprehensive review summarizing 4 meta-analyses found an overall range of the VSL of $2M to $11.1M (2009 U.S. dollars).[19] In an earlier meta-analysis, Hirth et al. (2000) compared 42 VSL studies relying on different approaches (e.g., human capital vs. revealed preference) and found a range of medians from $25K to $428K (in 1997 U.S. dollars).[4] Various U.S. government agencies use these estimates in benefit-cost analyses of proposed regulations or projects.[21] In a 2016 analysis, the U.S. Department of Health and Human Services projected that in 2018—after discounting to adjust for the time value of money and accounting for the growth in real incomes—the VSL would range from $4.6M to $15.0M with a central estimate of $9.9M (2014 U.S. dollars).[22] Also in 2016, the U.S. Department of Transportation recommended a mean VSL of $9.6M with a range from $5.4M to $13.4M (2015 U.S. dollars) for these evaluations.[23] Since mean nominal life expectancy was about 78.8 years in 2014, which translates to about 30.5 years (when discounted at 3% per annum), this implies about $315K per life-year. Despite the use of these VSL estimates in regulatory analyses, there remains an ongoing discussion about potential upward bias because of publication and parameter selection bias or the difference between willingness to accept versus willingness to pay for mortality risks.[24,25] The literature also makes an important distinction between identifiable lives and statistical lives, which are not identifiable. The Rule of Rescue has been defined as "the moral imperative to rescue identified individuals in immediate peril, regardless of cost."[26] Might this also suggest a similar willingness to rescue individuals in ultrarare, health-catastrophic situations?

Another approach to thinking about CETs for ultrarare, health-catastrophic conditions is to compare with the cost of other drugs and procedures (Table 1). For example, ICER calculated lifetime cost estimates or incremental cost-effective ratios for several "high-cost" orphan or ultrarare conditions, including emicizumab prophylaxis in hemophilia A ($21M for lifetime treatment),[27] voretigene neparvovec for inherited blindness ($644K per QALY),[28] ivacaftor for cystic fibrosis with gating mutation ($957K per QALY),[29] and C inhibitors (Cinryze and Haegarda) for hereditary angioedema ($5,954K per QALY and $328K per QALY, respectively).[30] Nusinersen (Spinraza) for spinal muscular atrophy (SMA) is projected to cost $750K for the first year and $375K per year for the following years.[31] On the other hand, some one-time therapies, such as tisagenlecleucel for B-cell acute lymphoblastic leukemia are projected to have a substantial upfront cost but a relatively low incremental cost-effectiveness ratio—$46K per QALY.[32] Organ transplants are another treatment with high upfront costs for long-term benefit, but with surprisingly few published cost-effectiveness assessments.[33]
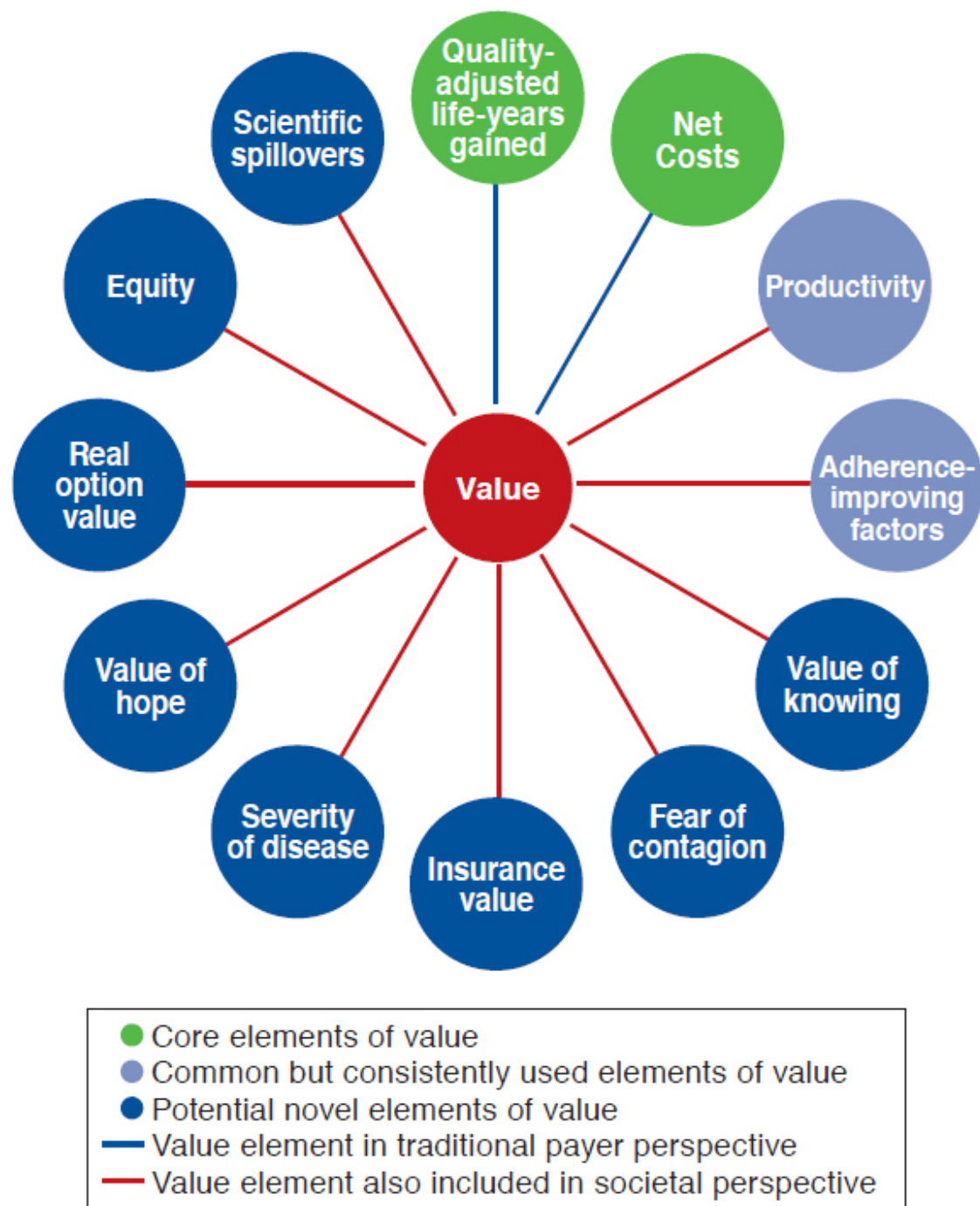
Assessing Value for Gene Therapies: Moving Beyond the QALY

Different health systems are clearly applying a higher CET for ultrarare, health-catastrophic conditions. A large majority of the participants in a NICE Citizen Council on the Rule of Rescue cited "exceptional circumstances" in this instance.[34] ICER makes allowance for "other benefits and contextual considerations" but qualitatively as a checklist—not by an explicit mathematical formula.[8]

A recent International Society for Pharmacoeconomics and Outcomes Research (ISPOR) Special Task Force (STF) on U.S. Value Frameworks stated, "Health plan coverage and reimbursement decisions should consider cost-effectiveness analyses, as measured by cost per QALY, as a starting point" and recommended further:

> Elements of costs and benefits not normally included in cost-effectiveness analysis that affect individual well-being (such as severity of illness, equity, and risk protection) may be relevant for some health plan decisions; however, more research is needed on how best to measure and include them in decision making.[35]

Figure 1, adapted from that ISPOR STF report, identifies many potential elements, including several related to the uncertainty individuals face in insurance and medical care purchases.[36,37] These additional elements, we would argue, provide an economic rationale for defining a higher CET for proven life-saving therapies for ultrarare, health-catastrophic conditions, as has also been sketched in a blog by Jena and Lakdawalla (2017).[38] The "insurance value" element is key to this. It has 2 components to risk protection: financial and health. Ultrarare conditions sometimes involve both financial and health catastrophe. In terms of financial risk protection, risk-averse individuals would be willing to pay a premium above the expected cost of treatment. Intuitively, the size of this premium would increase with the size of the potential financial and health loss. This alone would suggest a higher CET when anchored to the QALY.

Core elements of value
Common but consistently used elements of value
Potential novel elements of value
Value element in traditional payer perspective
Value element also included in societal perspective

Adapted from Lakdawalla DN, Doshi JA, Garrison LP Jr, Phelps CE, Basu A, Danzon PM. Defining elements of value in health care—a health economics approach: an ISPOR Special Task Force report [3].[36]

FIGURE 1 *Potential Elements of Value*

However, this is compounded in at least 2 other ways by the health catastrophe. The STF report also cites "severity of disease" as an element to consider. Since the utility scale (0 to 1) as reflected in the QALY assumes that a gain from 0.6 to 0.8 is equivalent to a gain from 0.2 to 0.4, it does not adjust for the latter, greater baseline severity of disease. Qualitative survey research in general populations suggests not all QALY gains are considered

equal: people would generally give priority to subpopulations with poor baseline health, including those at end of life.[39,40]

Three other uncertainty-related elements are also pertinent.[36,37] First, "real option value" is the notion in which therapies that extend life create value by providing an option for patients to benefit from future innovative therapies. Thus, patients would be willing to pay more for QALYs in a disease area with better long-term prospects. For lifetime cures (rather than a sequence of multiple lines of therapies, as is common in oncology), this would be less of a factor because the projection of a normal life expectancy should, in theory, take into account general gains across all conditions. Modeling practice is not usually this precise and may underestimate this potential gain. A second uncertainty-related element has been called the "value of hope."[41] Interventions that result in a significant share of "cures" (i.e., long-term survivors) could create value for patients who would be willing to pay more to have this option even if the 2 therapies had identical expected QALYs. Third, the "value of knowing" is reduced uncertainty about response to an intervention. The combination of these several elements would support a higher CET for ultrarare, health-catastrophic diseases. The STF report recommends further research to estimate and value these elements under 2 alternative aggregation approaches—net monetary benefit (i.e., cost-benefit analysis) or multicriteria decision analysis.[35]

Jena and Lakdawalla also point out the relevance of several other elements in this situation: health equity (related to severity of disease), caregiver burden, and family spillovers (in terms of the negative effect on the well-being of family members).[38] "Equity" is also listed as an element and is frequently cited in these discussions of rare diseases.[26,42] However, as Culyer (2015) has emphasized, there are multiple concepts of equity that will require trade-offs among them.[43]

Considering all of these elements, if a health plan were to use only a single QALY-based CET for all new technologies, it might reject interventions for ultrarare, health-catastrophic conditions that their enrollees would be happy to fund. It is important to note that if additional, previously unrecognized value-creating elements are identified and accounted for separately, given a fixed annual budget, this would reduce the share attributable to the QALY gain itself and, hence, the average willingness to pay for the pure QALY gains.[44]

Case Exemplar: SMA

HTA bodies have used higher thresholds for rare, catastrophic diseases, presumably representing the wishes of their enrollees to pay more for health gains in these situations. This willingness will be tested even further with the emergence of numerous one-time gene therapies that are in the industry pipeline.[2] A good example of the impending challenge is a promising gene therapy for SMA—a rare, severe neuromuscular disease caused by a genetic defect leading to a progressive loss of motor neurons. It is estimated that approximately 300 babies are born each year in the United States with SMA type 1—a rapid, progressive, highly morbid, and fatal rare disease.[45] A natural history study of SMA type 1 found that 90% of patients will either die by age 2 or require ≥

16 hours per day of ventilation.[46] A gene replacement therapy in development for SMA type 1 provides an exemplar for valuation challenges.[47,48]

But even this example and projection are somewhat speculative given the inevitable lack of long-term data at launch supporting benefit for a full lifetime. For reasons of biology and mechanism of action, however, it is not unreasonable to consider this as a possible scenario. If the value of a life is on the order of millions of dollars, how will such an amount be financed in the fragmented U.S. health insurance system that operates on an annual budgetary basis? There is no consensus on how to address this recognized challenge.

Even based on ICER's value-based threshold of $150K per QALY, ranging up to $500K, and the value of a healthy lifetime of, say, 30.5 (discounted life-years) would imply a range of $4.5M to $15.5M per life. The U.S. government's mean estimated VSL falls in this range. Other benchmarks and analogs (Table 1) suggest multimillion-dollar valuations per life saved. The current standard of care for SMA type 1 is nusinersen, costing $750K for the first year and then $375K annually thereafter (not counting the costs of repeated intrathecal administrations).

Clearly, these valuations for one-time, potentially curative, gene therapies would result in high per-patient costs. To address concerns about value and affordability, various financing programs are being discussed, including installment payments, outcomes-based agreements, or reinsurance to address the durability issue.[49] But even with these costs being within accepted norms for CETs, payers and policymakers may not be administratively prepared to finance these emerging groundbreaking therapies.

Conclusions

Numerous gene therapies are currently in development aiming to address the underlying root cause of genetic diseases. It is imperative we find a consensus on how to appropriately reward value created by these gene therapies to incentivize appropriate risk taking and investments by their developers: a higher CET would, by economic logic, support a higher VBP and, thus, a higher reward. If consensus on appropriate rewards cannot be found for safe and effective gene therapies for diseases such as SMA with clear criticality and unmet need, it will be even more difficult to do so for diseases where the value provided is less apparent.

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