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Journal of Sports Sciences > Volume 31, 2013 - <u>Issue 15</u>

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Articles

Leg mass characteristics of accurate and inaccurate kickers – an Australian football perspective

Nicolas H. Hart ✓, Sophia Nimphius, Jodie L. Cochrane & Robert U. Newton Pages 1647-1655 | Accepted 03 Apr 2013, Published online: 20 May 2013

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asymmetries between ilmps than accurate kickers (P ≤ 0.028), showing considerably

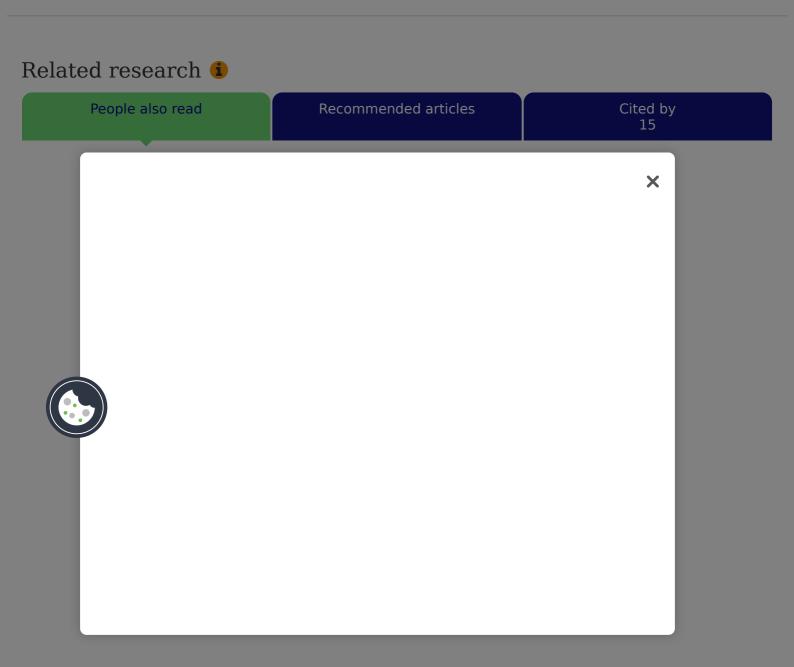
lower lean mass in their support leg. These results illustrate a difference in leg mass characteristics between accurate and inaccurate kickers, highlighting the potential influence these may have on technical proficiency of the drop punt.

Keywords:



Acknowledgements

The authors would like to thank and acknowledge Chris Dorman (strength and conditioning coach, West Perth Football Club) and his athletes for their participation in this project. No external funding was received for this work.



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