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Symptoms of post-traumatic stress disorder in couples after birth: association with the couple's relationship and parent-baby bond

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Abstract

Recent research has shown that post-traumatic stress disorder (PTSD) symptoms in couples after birth are associated with the couple's relationship and parent-baby bond. In a recent study, 64 couples were interviewed about their relationship and the couple's symptoms were measured. Results showed that for men and women, the couple's relationship and parent-baby bond were associated with the couple's PTSD symptoms 5 weeks after birth. Furthermore, these results suggest postnatal

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symptoms of PTSD have little association with the couple's relationship or the parent-baby bond in the short term. However, further research is needed to address methodological considerations.

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Prevalence and predictors of post-traumatic stress symptoms following childbirth.
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