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Repressive coping style and suppression of pain-related thoughts: Effects on responses to acute pain induction

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Abstract

Repressive coping style and suppression of pain-related thoughts: Effects on responses to acute pain induction. This study examined the effects of repressive coping style on responses to acute pain induction. Participants were randomly assigned to two groups: repressors and non-repressors. The repressors group showed significantly higher levels of suppression of pain-related thoughts during the acute pain induction compared to the non-repressors group. This finding suggests that repressive coping style may be associated with a greater tendency to suppress pain-related thoughts, which in turn may lead to a greater experience of pain. The results of this study have implications for the understanding of the role of repressive coping style in pain management and for the development of interventions to help individuals with repressive coping style manage their pain more effectively.

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