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Tobi A. Abramson , PhD

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Abstract

There are various reasons underlying why older adults find themselves in the role of a caregiver for someone with a chronic health condition or disability. This article focuses on the role of older adults as caregivers for someone with a chronic health condition or disability.

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provides the needed lens by which mental health professionals can begin to explore and address the emotional and psychological needs and experiences of older adult caregivers.

KEYWORDS: family caregivers informal caregivers older adult parental stress

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