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Older Adults: The "Panini Sandwich" Generation

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Abstract

There are various reasons underlying why older adults find themselves in the role of a

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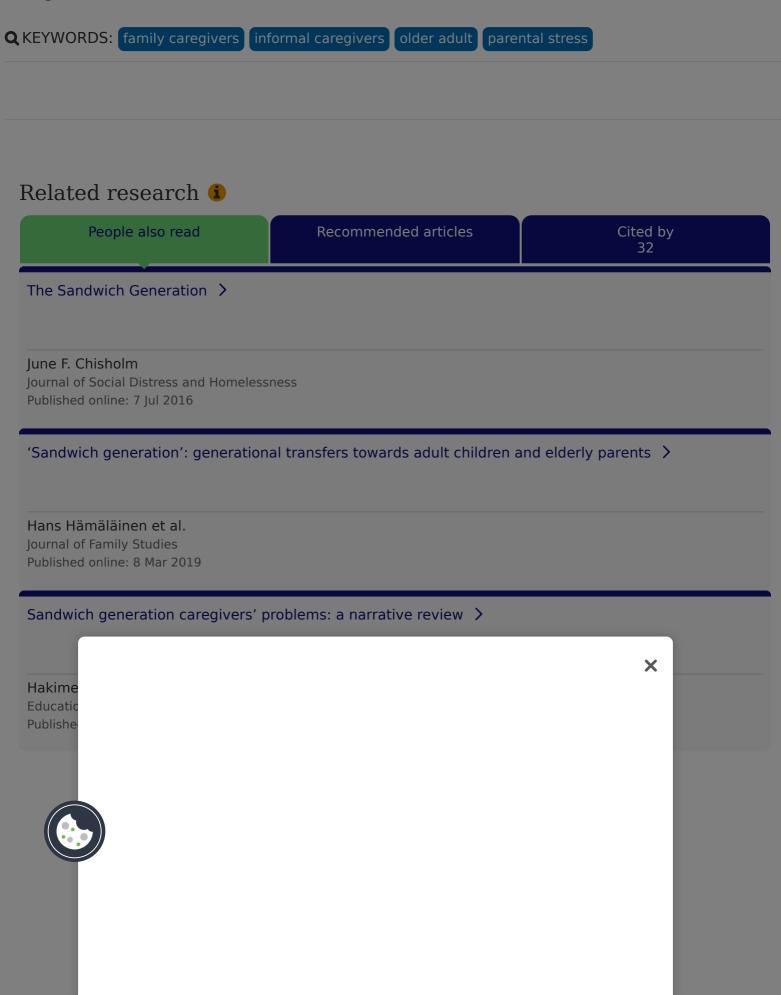
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conceptualization of caregivers in this cohort as the Panini Sandwich Generation

provides the needed lens by which mental health professionals can begin to explore and address the emotional and psychological needs and experiences of older adult caregivers.



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