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Perceptions of stress and stress interventions in finance organizations: Overcoming resistance towards counselling

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Abstract

Full Article

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presented in a model.

This paper presents the findings from a qualitative study conducted to gain further insight into the attitudes of finance organizations towards workplace stress and stress interventions. Semi-structured interviews were used and seven individuals, each representing their organization, participated in the study. Interpretative Phenomenological Analysis (IPA) (Smith, J., Jaraman, M., & Osborn, M. 1999 was used to analyse the data. In M. Murray & K. Chamberlain (Eds), Qualitative Health Psychology. London: Sage.) was used to analyse the data. One main theme that emerged was "resistance towards counselling for stress". This theme and several related sub-themes are discussed, and suggestions to reduce resistance to counselling for stress are

Stress counselling coaching psychological coaching Interpretative Phenomenological Analysis

finance organisations overcoming resistance

Notes

The BPS Special Group in Coaching Psychology held its inaugural meeting at City University, London, on the 15th December 2004. The forerunner of the Special Group was the Coaching Psychology Forum. See http://www.coachingpsychologyforum.org.uk

Related Research Data

Interpretative Phenomenological Analysis and the New Genetics

Source: Journal of Health Psychology

Stigma of psychological therapy: Stereotypes, interpersonal reactions, and the self-fulfilling prophecy.

Source: Journal of Counseling Psychology

Organizational Stress: A Review and Critique of Theory, Research, and Applications

Source: Unknown Repository

The perceptions of work related stress within finance organisations: How managers

can influence workplace stress

Source: International Journal of Health Promotion and Education

Interpretative phenomenological analysis and sexual health

Source: Health Psychology Update

The personal experience of chronic benign lower back pain: An interpretative

phenomenological analysis

Source: British Journal of Health Psychology

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