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# Perceptions of stress and stress interventions in finance organizations: Overcoming resistance towards counselling

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## Abstract

This paper provides insight into the effectiveness of stress interventions in finance organizations. The study represents a phenomenological analysis of the experience of London-based financial professionals. The study found that “resistance” to counselling interventions are discussed and presented.

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# Notes

The BPS Special Group in Coaching Psychology held its inaugural meeting at City University, London, on the 15th December 2004. The forerunner of the Special Group was the Coaching Psychology Forum. See <http://www.coachingpsychologyforum.org.uk>

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