

Q

Counselling Psychology Quarterly > Volume 18, 2005 - <u>Issue 1</u>

1,025120ViewsCrossRef citations to dateAltmetric

Original Articles

# Perceptions of stress and stress interventions in finance organizations: Overcoming resistance towards counselling

Kristina Gyllensten, Stephen Palmer 💟 & Jacqui Farrants

Pages 19-29 | Published online: 22 Oct 2010

### ▲ Cite this article Attps://doi.org/10.1080/09515070500099579



## Abstract

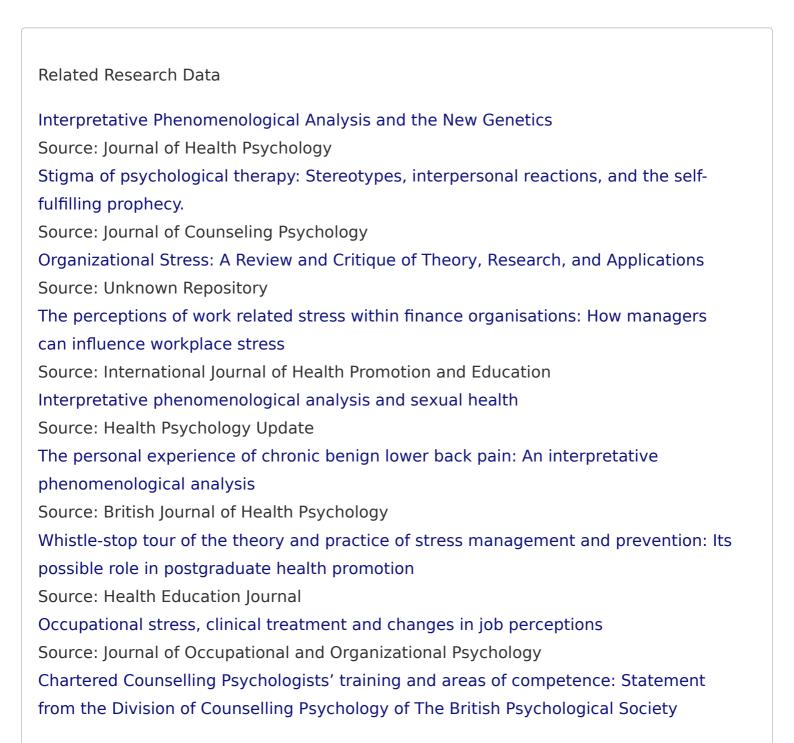
This paper presents the findings from a qualitative study conducted to gain further insight into the attitudes of finance organizations towards workplace stress and stress interventions. Semi-structured interviews were used and seven individuals, each representing their organization, participated in the study. Interpretative Phenomenological Analysis (IPA) (Smith, J., Jaraman, M., & Osborn, M. <u>1999</u> was used to analyse the data. In M. Murray & K. Chamberlain (Eds), Qualitative Health Psychology. London: Sage.) was used to analyse the data. One main theme that emerged was "resistance towards counselling for stress". This theme and several related sub-themes are discussed, and suggestions to reduce resistance to counselling for stress are presented in a model.

Keywords:



## Notes

The BPS Special Group in Coaching Psychology held its inaugural meeting at City University, London, on the 15th December 2004. The forerunner of the Special Group was the Coaching Psychology Forum. See http://www.coachingpsychologyforum. org.uk



Source: Counselling Psychology Review

Linking provided by Schole Splorer

### Related research 1

People also read	Recommended articles	Cited by 12
· · · · · · · · · · · · · · · · · · ·		

Information for	Open access
Authors	Overview
R&D professionals	Open journals
Editors	Open Select
Librarians	Dove Medical Press
Societies	F1000Research
Opportunities	Help and information
Reprints and e-prints	Help and contact
Advertising solutions	Newsroom
Accelerated publication	All journals
Corporate access solutions	Books

#### Keep up to date

Register to receive personalised research and resources by email





Copyright © 2025 Informa UK Limited Privacy policy Cookies Terms & conditions

Taylor & Francis Group an informa business



Registered in England & Wales No. 01072954 5 Howick Place | London | SW1P 1WG