

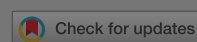
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# Barriers to Remarriage Among Older People: Viewpoints of Widows and Widowers

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## ABSTRACT

We conducted this research based on a qualitative approach to describe the opinions of older widows and widowers on remarriage obstacles. Based on purposive sampling and inclusion criteria, we chose 48 participants on maximum diversity of sex, age, education, employment, and socioeconomic status. Two thirds of the participants were female, 40% had spent more than 10 years widowed, and 65% were living with their

children. The results showed that the main barriers to remarriage were related to the children, the ex-spouse, and the social stigma. Based on the findings, we suggested some interventions to help older widows and widowers overcome these barriers. The results showed that the main barriers to remarriage were related to the children, the ex-spouse, and the social stigma. Based on the findings, we suggested some interventions to help older widows and widowers overcome these barriers.

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## Additional information

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