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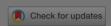
Original Articles

Comparing PETTLEP imagery against observation imagery on vividness and ease of movement imagery

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▶ https://doi.org/10.1080/1612197X.2016.1177104 **66** Cite this article



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traditional imagery. Findings indicate that incorporating PETTLEP elements into the imagery instructions leads to easier and more vivid movement EVI, IVI, and KI imagery. Q Keywords: imagery ability external visual imagery internal visual imagery kinaesthetic imagery PETTLEP observation Related research 1 Cited by 12 People also read Recommended articles X

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