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Risk factors for impulse control disorders and related behaviors in Parkinson's disease: secondary analyses of the ICARUS study

Paolo Barone, Angelo Antonini, Paolo Stanzione, Karin Annoni ,
Mahnaz Asgharnejad & Ubaldo Bonuccelli

Pages 159-166 | Received 08 Aug 2019, Accepted 25 Sep 2019, Published online: 25 Oct 2019

Cite this article <https://doi.org/10.1080/21556660.2019.1675670>

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Results: Among 709 patients ICD-negative at baseline, 97 screened ICD-positive (13.7%) at year 1. Among 712 patients who were ICD-negative at baseline, 147 were ICD-positive at ≥ 1 post-baseline visit (20.6%). Among patients who were ICD-negative at baseline who subsequently experienced an ICD, a higher proportion were male or smokers, younger at baseline, younger at disease/symptom onset, and had longer disease duration. Among the whole population, a similar proportion were “new cases” at years 1 (9.7%) and 2 (8.6%) versus the previous visit. The proportion of “remitters” was slightly higher at year 2 (11.0%) than 1 (9.1%) versus previous visit.

Conclusions: The proportion of ICD-remitters approximately matched/exceeded new cases, suggesting patients with ICD are in a state of flux. Current data allow for a conservative estimate of 2-year ICD incidence in ICARUS of ~21% of patients, not accounting for transient new ICD cases between visits.

Keywords:

- Impulse control disorders
- incidence
- Parkinson’s disease
- risk factors
- predictive factors
- ICARUS study

Introduct

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had more severe non-motor symptoms (including mood and sexual function) and depression, as well as poorer sleep quality and reduced PD-related quality of life compared with those who were ICD-negative⁶.

The incidence of ICDs among people with PD is not consistently reported. One single-site study, conducted in small sample size, reported a cumulative ICD incidence of 39.1% during 21 months of dopamine agonist (DA) treatment in PD patients with no previous ICDs; cigarette smoking, caffeine use, motor complications, and higher peak DA use were identified as risk factors¹¹. A more recent analysis of data from 320 early-stage PD patients with no prior ICDs from the Parkinson Progression Markers Initiative (PPMI) database reported cumulative incidence of 8% (year 1), 18% (year 2), and 25% (year 3) post-baseline¹³. Younger age at baseline was a risk factor for incident ICD symptoms, while sex, education, and baseline global cognitive performance, anxiety symptoms, depressive symptoms, and motor severity were not significantly associated with incident ICD symptoms¹³.

The natural history of ICDs in PD is not clearly established, and few studies report the long-term outcome of interventions for ICDs in PD. Among 12 patients with PD who had discontinued or significantly decreased DA treatment in one long-term follow-up study, 10 (83%) no longer met ICD diagnostic criteria after a mean follow-up period of 29 months¹⁴. However, ICDs may sometimes be resistant to dopaminergic medication reduction.

In order to better understand the pathophysiology of ICDs, it is important to study the relationship between ICDs along the disease course, primary and secondary motor symptoms, and postural instability. This study was designed to be a prospective study.

- Incidence of ICDs
- Risk factors for ICDs among PD patients
- Proportion of ICD subtypes
- Analysis of ICDs of interest



Methods

Study design

ICARUS was a prospective, non-interventional, multicenter study in treated Italian outpatients with PD. A detailed description of the ICARUS study design has been published previously⁶. The primary variable was the presence (prevalence and incidence) of overall ICDs and ICD subtypes according to a modified version of the Minnesota Impulsive Disorders Interview (mMIDI)¹⁶. ICD status was assessed at three study visits: baseline, year 1, and year 2. Switching of patient treatment was permitted at any time during the study, at the discretion of the treating physician.

Measurements

A patient was considered ICD-positive if they answered affirmatively at the mMIDI scale to one gateway question and to one or more of the remaining questions in the same ICD module of the mMIDI interview.

Estimates of ICD incidence

In addition to the point prevalence of ICDs (reported in the primary publication⁶), the planned incidence of ICDs was estimated. Incidence refers to the number of new ICD cases occurring over a defined period of time. In this study, we have calculated the incidence of ICDs over the 2-year study period. Therefore, we have calculated the number of new ICD cases occurring over the 2-year study period, thus providing an estimate of the incidence of ICDs.

Using the mMIDI scale, we calculated the incidence of ICDs for each patient (Table 1).

Table 1
incidence

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- Year 1 (conservative estimate of ICD incidence for year 1);
- Year 1 and/or 2 (conservative estimate of cumulative 2-year ICD incidence).

The number of patients who were ICD-negative at baseline was used as the denominator.

Post-hoc analyses of baseline data according to subsequent ICD status

The large number of patients involved in the ICARUS study permitted meaningful post-hoc examination of baseline data for the subgroup of patients who were negative for ICD at baseline. Patients in this subgroup were further subdivided into “ICD-positive after baseline” (patients who were positive for an ICD at the year 1 and/or year 2 study visits) and “ICD-negative after baseline” (patients who were negative for an ICD at year 1 and year 2 study visits) to identify baseline characteristics that were different between the groups, including:

- Gender, age at baseline, age at PD onset/symptom onset, PD duration, smoking status, alcohol consumption, education level, marital status, employment status, early discontinuation reason, and region of Italy;
- Disease status according to:

1. PD type
2. Functional status
3. Cognitive assessment
4. Beck Depression Inventory
5. Hoehn and Yahr
6. Parkinson's Disease Questionnaire
7. Parkinson's Disease Severity Scale

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to baseline (the latter irrespective of ICD status at year 1). In recognition that ICD status may also reverse, we also report the number and proportion of “remitters” at year 1 relative to baseline, at year 2 relative to year 1, and at year 2 (the latter irrespective of ICD status at year 1) ([Table 2](#)).

Table 2. Definition of shift in ICD status at year 1 versus baseline and year 2 versus year 1 or baseline.



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The proportion of “new cases” and “remitters” was calculated as the percentage of the total number of patients assessed at a given visit (i.e. both ICD-positive and -negative). New cases and remitters were also summarized by baseline characteristics, including gender, age at baseline, age at PD onset, PD duration, and disease status according to PD treatment.

All data were summarized descriptively.

Result

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Among the 1,000 patients with ICD data, 97 screened positive for ICD incidence.

Ther

baseline post-baseline estimate for cumulative incidence.

Analysi

Among patients with ICD data, 97 screened positive for ICD incidence.



an ICD were younger at baseline, younger at disease and symptom onset, had a longer disease duration, and a greater proportion were smokers compared with those who did not develop an ICD after baseline ([Table 3](#)).

Table 3. Baseline characteristics of patients negative for ICD at baseline according to subsequent ICD status at either post-baseline visit (FAS).



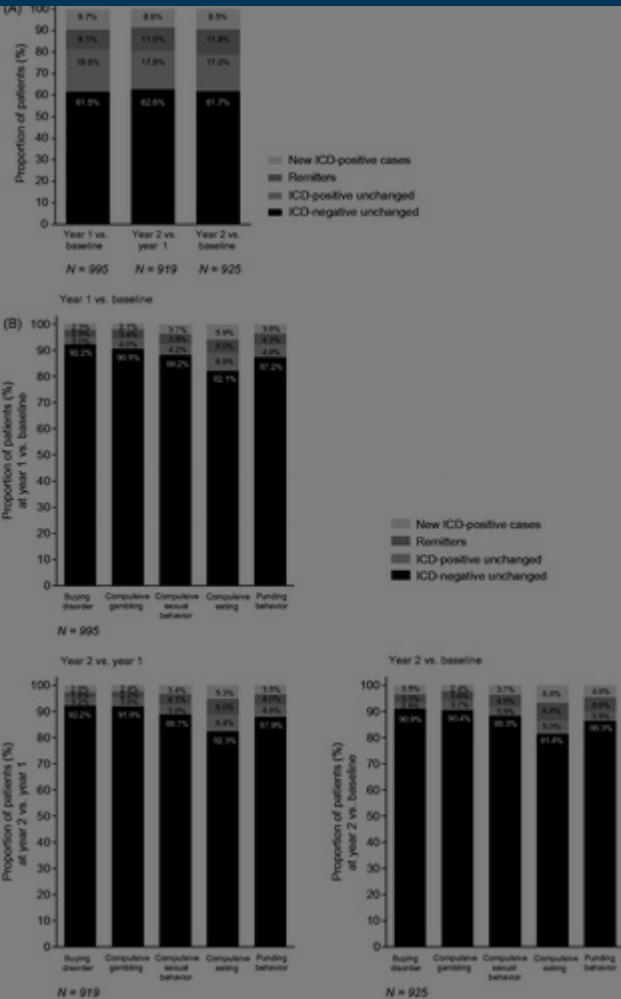
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Baseline severity of PD symptoms and functional disability (HY stage), cognitive function (MMSE, FAB, and PD-CRS), and non-motor symptoms (PD-NMSS total score) were similar between patients who did and did not develop an ICD after baseline ([Table 3](#)). However, those who did develop an ICD after baseline had slightly worse depressive symptoms (BDI-II), PD-related health status (PDQ-8), and sleep (PDSS-2) impairment ([Table 3](#)).

ICD status: “new cases” and “remitters”

Among the whole population, a similar proportion of patients were considered “new cases” and “remitters” at baseline ([Figure 1\(A\)](#)). The proportion of “new cases” was 1.0% (1.0%) and “remitters” was 1.0% (1.0%). No difference was seen when comparing “new cases” and “remitters” between “new cases” and “remitters” at baseline. The proportion of “new cases” and “remitters” was 1.0% (1.0%) and “remitters” was 1.0% (1.0%).

Figure 1(A) shows the proportion of “new cases” and “remitters” at baseline. The proportion of “new cases” was 1.0% (1.0%) and “remitters” was 1.0% (1.0%).

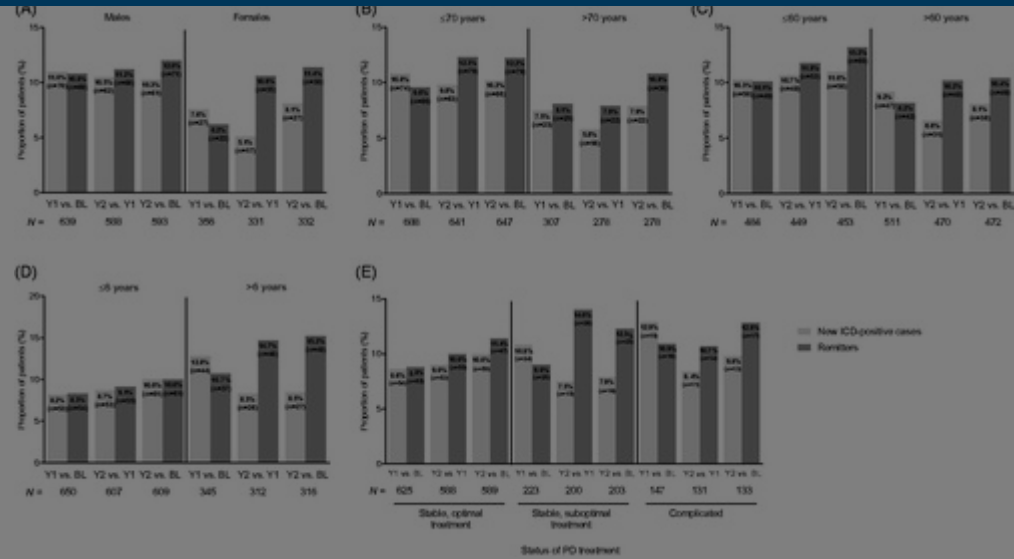


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ICD status: demographic/clinical features

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The number of “remitters” frequently matched or exceeded the number of “new cases”.

ICD status: ICD behavior subtypes by demographic/clinical features

Examination of ICD behavior subtypes according to demographic and clinical features at baseline among those with shifted ICD status (Table 4) indicated that generally, the numbers of “new cases” and “remitters” were similar or there were more remitters.

Table 4. ICD behavior subtypes by demographic/clinical features at baseline among those with shifted ICD status

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The frequency of “new cases” and “remitters” at each visit was also calculated among the whole PD population of the ICARUS study. Whilst the 1-year risk of ICD development among the ICD-negative patients was ~14%, a new ICD case occurred in ~9% of patients each year when considering the whole population (ICD-positive and -negative, regardless of remission status). On average, 10% of patients remitted in a year (9.1% at year 1 vs. baseline and 11.0% at year 2 vs. year 1).

Given that the prevalence of ICDs in the ICARUS study was relatively stable at an average of 28% across the three study visits⁶, observed fluctuation of “new cases” and “remitters” suggests that ICDs in PD may be sensitive to treatment adjustments or other factors including dyskinesia¹⁷; this remains speculative as no such analysis was performed. However, ICD has been shown to peak 4.5 to 5 years after PD treatment initiation¹⁸. “Remitters” could represent change due to treatment adjustments (either removal of a drug with adverse event or improvement from treatment), as a result of higher disease awareness in the literature and thus better treatment management. Interestingly, among patients who were defined as suboptimal or with complicated PD at baseline, there were more new ICD cases than remitters at year 1; however, at year 2, the pattern was reversed, with more remitters than new ICD cases, which may reflect

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This analysis has some limitations. The primary variable of the ICARUS study was the presence (prevalence and incidence) of overall ICDs and ICD subtypes according to mMIDI. Notably, this could be regarded as a surrogate primary variable because the Diagnostic and Statistical Manual of Mental Disorders, 4th Edition (DSM-IV), was not consistently used for ICD confirmation (as originally planned in the protocol); even so, DSM-IV does not cover all ICD subtypes that occur in patients with PD. Secondly, ICD status was assessed at three study visits (baseline, year 1, and year 2) and not throughout the study period, meaning ICD status between study visits was unknown. Thirdly, treatment could be switched at any time and this was not recorded, which may have influenced the number of “remitters”, with potentially a considerable lag phase of months. Finally, the sample size is of small numbers and the study was limited, increasing the risk of bias.

Among matched patients, there is variability in the true incidence of the year as a result of population

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behaviors throughout the disease course and represents an interesting area for future research.

Transparency

Declaration of funding

This study and post-hoc analyses were supported by UCB Pharma, Monheim am Rhein, Germany.

Declaration of financial/other relationships

PB, AA, PS, and UB were study investigators on ICARUS, a UCB Pharma-sponsored study. PB has received personal fees from Acorda Therapeutics, UCB Pharma, and Zambon, and grants from AbbVie, Biotie Therapies, and Zambon. AA has received consultancy fees/honoraria from AbbVie, UCB Pharma, Zambon, Angelini, Lundbeck, Mundipharma, and Medtronic; has served on advisory boards for AbbVie and Acadia; provided expert testimony for Boehringer Ingelheim (pathological gambling cases); and received grants from Neureca Foundation, Gossweiler Foundation, Mundipharma, Italian National Research (project numbers RF-2009-1530177 and RF-2010-2319551), and Horizon2020 (project number 101019258). PS has received honoraria from UCB Pharma, Zambon, and Mundipharma; has served on advisory boards for UCB Pharma, Zambon, and Mundipharma; and received grants from UCB Pharma (2719661) and Mundipharma (2719661). UB has received honoraria from UCB Pharma, Zambon, and Mundipharma; has served on advisory boards for UCB Pharma, Zambon, and Mundipharma; and received grants from UCB Pharma (2719661) and Mundipharma (2719661). JDA peer-reviewed the manuscript for content, logic, and structure; to dis-



Author

PB conducted the study, analyzed the data, and wrote the manuscript. AA conducted the analysis, and revised the manuscript. PS conducted the analysis, and revised the manuscript. UB conducted the analysis, and revised the manuscript. JDA peer-reviewed the manuscript for content, logic, and structure; to dis-

and critique of statistical analysis, and review and critique of manuscript. UB conducted research project conception and execution, review and critique of statistical analysis, and review and critique of manuscript. KA conducted research project conception, organization and execution; review and critique of statistical analysis; and review and critique of manuscript. MA conducted review and critique of statistical analysis and review and critique of manuscript.

Acknowledgements


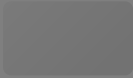
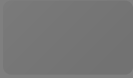

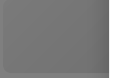

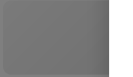

The authors report this study on behalf of the ICARUS study group (participating sites: A.O. Universitaria Ospedale Policlinico Consorziale, Bari; Istituto Neurologico Mediterraneo NEUROMED, Pozzilli; UOC Neurologia Ospedaliera, Azienda Ospedaliero-Universitaria OO.RR., Foggia; Azienda Ospedaliera Cardinale Giovanni Panico, U. O. di Neurologia, Tricase; ASL MT P.O. Madonna delle Grazie, Matera; A.O. Universitaria Policlinico Tor Vergata, Roma; Dipartimento Scienze Neurologiche Università Degli Studi Federico II, Napoli; Università degli Studi di Roma ‘La Sapienza’ Dipartimento di Scienze Neurologiche, Roma; Policlinico Universitario Gemelli, Roma; IRCCS S. Raffaele Pisana, Roma; UO di Neurologia, Azienda Ospedaliera di Rilievo Nazionale A.Cardarelli, Napoli; A.O. Universitaria Sant'Andrea, Roma; Università di Modena e Reggio Emilia, Ospedale C. Sant'Ambrogio, Mantova; Dipartimento di Neuroscienze, Ospedale Civile, Battista-Molinetti, Alessandria; Ospedale Policlinico, Ospedale Neurologico, Azienda Ospedaliera, Ospedale Serenissima, Ospedale Neurologico, Vicenza; Ospedale I, Padova; Ospedale Degli Studi, Ospedale



Neuroriabilitazione, Dipartimento di Scienze Neurologiche, Ancona; A.O. Universitaria Careggi Di Firenze, Neurologia I, Ambulatorio Parkinson, Firenze; PO 'SS. Filippo E Nicola' Avezzano, Aquila; Ospedale Nuovo S. Giovanni Di Dio Torregalli, Neurologia, Firenze; Nuovo Ospedale Di Prato Santo Stefano, Neurologia Prato; P.O. Di Summa, Perrino U.O. Neurologia, Brindisi; Ospedale San Giovanni Battista, Roma; IRCCS Istituto C. Besta Disturbi del Movimento, Milano; Centro Parkinson CTO, ASST Nord Milano, Milano; IRCCS Fondazione Istituto Neurologico Casimiro Mondino Di Pavia, Pavia; Ospedale Mauriziano Umberto I Di Torino, Torino; Ospedale Sant'Andrea La Spezia, La Spezia; Presidio Ospedaliero Di Savona, Cairo Montenotte, Savona; Ospedale di Circolo e Fondazione Macchi Varese, Varese; Azienda Sanitaria Universitaria Integrata di Udine, Ospedale Santa Maria della Misericordia, Dipartimento di Neuroscienze, Neurologia, Udine; Ospedale Maggiore Policlinico, Dipartimento di Scienze Neurologiche, Università degli Studi di Milano, Milano; Osp. Maggiore di Modica U.O. Di Neurologia, Ragusa; Azienda Ospedaliera S.Giuseppe Moscati Di Avellin, U.O.C. di Neurologia, A.O.R.N. 'S.G. Moscati', Avellino; AOU Pisana, Stabilimento di Santa Chiara, Pisa; Casa di Cura Villa dei Gerani, Catania; Azienda ULSS 3 Serenissima, Ospedale Civile SS Giovanni e Paolo, Neurologia, Venezia; Fondazione Opera San Camillo, Casa di Cura San Pio X, Milano; L'Azienda Ospedaliera di Melegnano-Presidio di 'Vizzolo Predabissi', Milano; Azienda Ospedaliera Universitaria OO.RR. S.Giovanni di Dio e Ruggi d'Aragona, Salerno; Ospedale Sant'Eugenio, Roma; Ospedale San Filippo Neri, Roma; Istituto Scientifico di Riabilitazione, Roma.

in addition to the authors, the following individuals contributed to the study. The authors thank the following individuals for their contribution to the study: S. Bauer, MD (UCB Pharma, Brussels, Belgium) for his contribution to the study and (and) for his contribution to the study.

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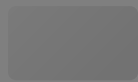
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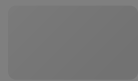
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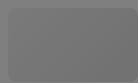
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