





## Abstract

The behavior of stock traders and lottery buyers can teach us about our common aspirations, thoughts, and emotions and help answer many questions of finance.

"My investors insist on buying Treasury bonds because they find corporate bonds too risky," says a financial advisor, "but they also insist on trading hot IPOs and buying lottery tickets. So, what are they—risk averse or risk seeking?" In fact, we are both risk averse and risk seeking, and our dual behavior reveals our aspirations, thoughts, and emotions.

More than 50 years ago, Milton Friedman and Leonard Savage noted that risk aversion and risk seeking share roles in our behavior: People who buy insurance policies often also buy lottery tickets. A short time later, Harry Markowitz wrote two papers that reflect two very different views of behavior. In one, he created the mean-variance framework, and in the other, he extended the insurance-lottery framework. People in the mean-variance framework, unlike people in the insurance-lottery framework, never buy lottery tickets; they are always risk averse, never risk seeking. It is easier to banish risk seeking from our theory than from our behavior. Although mean-variance portfolio theory has become the basis of standard financial theory, investors continue to trade stocks and play the lottery.

Lottery playing and stock trading are puzzles in standard financial theory because they are negative-sum games—games that combine high risk with negative expected returns. Lottery playing is a negative-sum game because the lottery authority keeps some of the money. Stock trading (as opposed to buying and holding) is a negative-sum game because brokers and market makers keep some of the money. So, why do people play? First, perhaps all lottery players and stock traders think they are above average, likely to win even in a negative-sum game. Second, perhaps lottery players simply like to play and stock traders simply like to trade. Third, perhaps lottery players play and stock traders trade because they aspire to move up in life, from the working class to the middle or the upper class. I discuss these three possible reasons for lottery playing and stock trading:

- We think we're above average. According to a 2001 survey of individual investors, the investors expected the stock market to provide a mean 10.3 percent return over the following 12 months, but they expected their own portfolios to provide a mean return of 11.7 percent. In other words, investors expected, on average, to be above average. The unrealistic optimism that people display in the lottery and trading arenas is similar to the unrealistic optimism they display in other arenas. People expect higher-than-average satisfaction in their first jobs, higher-than-average salaries, and a higher-than-average likelihood of having gifted children.
- We like to play. Lottery playing and stock trading allow players or traders to find "flow experiences." Flow comes when high challenge meets high skill. It is the experience of an athlete "in the zone," a slot machine player pulling the lever, or a day trader enthralled by the flickering colors of the monitor.
- We have aspirations. Some people who aspire to be millionaires can expect to reach their aspirations through steady contributions to IRAs and 401(k) accounts. For others, stock trading and lottery playing offer the only paths up. For example, "Betting on the Market," a PBS Frontline program of 1997, showed a young couple who traded frequently and watched CNBC constantly: "This is our dream house . . .," the wife says while pointing to blueprints of a fancy house. "We look at it when

we are off to work in the morning and when we come home tired. . . . Isn't it beautiful?"

The insurance-lottery framework is a keystone in behavioral portfolio theory. In the simple version of the theory, people have two goals—a "downside protection" goal and an "upside potential" goal. The prototypical purchase for downside protection is an equity participation note, which ensures that investors will at least get their money back. The prototypical purchase for upside potential is a lottery ticket. Lottery buyers are likely to lose their money, but they have a chance to obtain even multimillion dollar levels of upside.

I thank Peter Bernstein, Charles Ellis, Ramie Fernandez, Marty Fridson, Harry Markowitz, Bill Sharpe, Hersh Shefrin, Richard Taffler, and Jason Zweig for their help, and I acknowledge support from the Dean Witter Foundation.

**Related Research Data** Too Many Cooks Spoil the Profits: Investment Club Performance Source: Financial Analysts Journal The illusion of control. Source: Journal of Personality and Social Psychology Why are people reluctant to exchange lottery tickets? Source: Journal of Personality and Social Psychology Information, trade and common knowledge Source: Journal of Economic Theory Famous First Bubbles Source: Unknown Repository Lotteries in the real world Source: Journal of Risk and Uncertainty The Only Game in Town Source: Financial Analysts Journal Against the Gods Source: Unknown Repository Noise

Source: The Journal of Finance The Utility Analysis of Choices Involving Risk Source: Journal of Political Economy Prospect Theory. An Analysis of Decision Making Under Risk Source: Unknown Repository Continuous Auctions and Insider Trading Source: Econometrica The Pre-Outcome Period and the Utility of Gambling Source: Unknown Repository Illusion and well-being: A social psychological perspective on mental health. Source: Psychological Bulletin The Disposition to Sell Winners Too Early and Ride Losers Too Long: Theory and Evidence Source: The Journal of Finance Positive Illusions and Forecasting Errors in Mutual Fund Investment Decisions Source: Unknown Repository A Theory of Trading in Stock Index Futures Source: Review of Financial Studies Trading is Hazardous to Your Wealth: The Common Stock Investment Performance of Individual Investors Source: SSRN Electronic Journal The "two beta" trap Source: The Journal of Portfolio Management Prospect Theory: An Analysis of Decision under Risk Source: Econometrica The Utility of Wealth Source: Journal of Political Economy **Behavioral Portfolio Theory** Source: Journal of Financial and Quantitative Analysis COGNITIVE DISSONANCE AND MUTUAL FUND INVESTORS Source: The Journal of Financial Research Views of Financial Economists on the Equity Premium and on Professional Controversies Source: The Journal of Business

Linking provided by Schole Splorer



## Related research 1

People also read	Recommended articles	Cited by 79
------------------	----------------------	----------------

Information for	Open access
Authors	Overview
R&D professionals	Open journals
Editors	Open Select
Librarians	Dove Medical Press
Societies	F1000Research
Opportunities	Help and information
Reprints and e-prints	Help and contact
Advertising solutions	Newsroom
Accelerated publication	All journals
Corporate access solutions	Books

## Keep up to date

Register to receive personalised research and resources by email





Copyright © 2025 Informa UK Limited Privacy policy Cookies Terms & conditions



Registered in England & Wales No. 01072954 5 Howick Place | London | SW1P 1WG

## Taylor & Francis Group an informa business