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Endoscopy

Nurse-administered propofol sedation for gastrointestinal endoscopic procedures: first Nordic results from implementation of a structured training program

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Abstract

Introduction. Proper training to improve safety of NAPS (nurse-administered propofol sedation) is essential. **Objective.** To communicate our experience with a training program of NAPS. **Materials and methods.** In 2007, a training program was introduced

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short lasting hypoxia (4.7%); 61 (2.4%) needed suction; 22 (0.9%) required bag-mask ventilation and 8 (0.3%) procedures had to be discontinued. In 11 patients (0.4%), anesthetic assistance was called due to short lasting desaturation. 34 patients (1.3%) experienced a change in blood pressure greater than 30%. Conclusion. NAPS provided by properly trained nurses according to the present protocol is safe and only associated with a minor risk (short lasting hypoxia 4.7%). National or international structured training programs are at present few or non-existing. The present training program has documented its value and is suggested as the basis for the current development of guidelines.

🔍 Key Words:: endoscopy-general endoscopy-interventional general

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