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Research Article

Foundation doctors working at night: What training opportunities exist?

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Abstract
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Methods
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Results:
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make decisions and plan. FDs who worked nights reported higher scores for achieving

competencies in history taking (2.67 vs. 2.51; $p = 0.00$), examination (2.72 vs. 2.59; $p = 0.01$) and resuscitation (2.27 vs. 1.96; $p = 0.00$). The majority (65%) felt adequately supervised.

Conclusions: Our survey has demonstrated that FDs find working nights a valuable experience, providing important training opportunities, which are additional to those encountered during daytime working.

Declaration of interest: All authors have completed the Unified Competing Interest form at www.icmje.org/coi_disclosure.pdf (available on request from the corresponding author) and declare: no support from any organisation for the submitted work; no financial relationships with any organisations that might have an interest in the submitted work in the previous three years; no other relationships or activities that could appear to have influenced the submitted work. No funding has been received for this work from any source.

Ethical approval: We did not seek ethical approval for this study because participants could not be identified from the material presented and no plausible harm was anticipated. The data was analysed.

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