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Research Article

# Tailgating and Pregaming by College Students with Alcohol Offenses: Patterns of Alcohol Use and Beliefs

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## Abstract

Research indicates that pregaming (drinking before a social event) and tailgating (drinking before a sporting event) are two culturally ingrained alcohol use behaviors by college students. We examined the prevalence of these two activities in a sample of college students (N = 354) who violated campus alcohol policy and were mandated to receive an alcohol intervention in fall 2010. Results indicated that alcohol consumption and other risk factors were related to pregaming and tailgating. These findings are discussed in the context of clinical implications and future directions for research. This study was funded in part by the National Institutes of Health.

Keywords :

pregaming

tailgating

alcohol use

college student drinking

social norms

descriptive norms

alcohol beliefs

## Related Research Data

Internet-based personalized feedback to reduce 21st-birthday drinking: A randomized controlled trial of an event-specific prevention intervention.

Source: Journal of Consulting and Clinical Psychology

The AUDIT Alcohol Consumption Questions

Source: Alcoholism Clinical and Experimental Research

Alcohol Expectancies, Pregaming, Drinking Games, and Hazardous Alcohol Use in a Multiethnic Sample of College Students

Source: Cognitive Therapy and Research

Biases in the perception of drinking norms among college students.

Source: Journal of Studies on Alcohol

Using calculations to estimate blood alcohol concentrations for naturally occurring drinking episodes: a validity study.

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