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Research Article

Tailgating and Pregaming by College Students with Alcohol Offenses: Patterns of Alcohol Use and Beliefs

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Abstract

Research indicates that pregaming (drinking before a social event) and tailgating (drinking before a sporting event) are two culturally ingrained alcohol use behaviors by college students. We examined the prevalence of these two activities in a sample of college students (N = 354) who violated campus alcohol policy and were mandated to receive an alcohol intervention in fall 2010. Results indicated that alcohol consumption and other risk factors were related to pregaming and tailgating. These findings are discussed in the context of clinical implications and future directions for research. This study was funded in part by the National Institutes of Health.

Keywords :

pregaming tailgating alcohol use college student drinking social norms descriptive norms alcohol beliefs

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