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Original Article

The effect of kangaroo mother care on the duration of phototherapy of infants re-admitted for neonatal jaundice

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Abstract

Objective: We investigated the effect of kangaroo mother care (KMC) on the duration of phototherapy of jaundiced neonates. **Methods:** Fifty Egyptian newborns hospitalized for jaundice were investigated through a prospective observational study to determine whether

whether KMC reduced the duration of phototherapy. **Results:** The babies who received KMC had a shorter duration of phototherapy (42.26 h) compared to those who did not (100.86 ± 42.26 h). KMC reduced the duration of phototherapy by 58.60%. **Conclusion:** KMC reduced the duration of phototherapy of jaundiced neonates.

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