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Research Article

Effect of Kangaroo mother care in reducing pain due to heel prick among preterm neonates: a crossover trial

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Abstract

Background: Preterm neonates undergo several painful procedures in NICU including heel prick for blood sugar monitoring. Nonpharmacological interventions have been tried to decrease this procedural pain. There are only few studies on Kangaroo mother care (KMC) in reducing pain among preterm neonates.

Method:

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Conclusion: KMC is effective in reducing pain due to heel prick among preterm babies.

Kangaroo mother care pain premature infant pain profile preterm

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